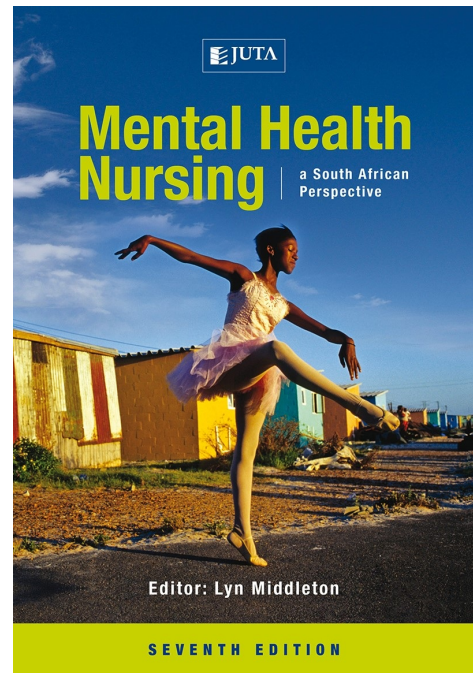


Mental Health Nursing

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About this Publication:

Now in its 7th edition, this well-established title has been updated and revised to reflect the latest research in the field of mental health nursing. A team of authors from a range of higher education institutions has revised the text to ensure the book remains relevant to the current realities of nursing mental health care users in South Africa. The text takes the curricula of mental health nursing into account to ensure it is suitable for the new nursing programme. Rich in evidence-based practice and case studies, the book incorporates the diagnostic criteria from the DSM-5™ with accompanying explanatory text.

New to the 7th edition:

- DSM-5™ diagnostic criteria retained with updated accompanying text
- Updated research added throughout
- Completely new chapter 6, 'Legal structures in mental health care nursing', that outlines the broader legal context within which mental health nurses practise and discusses the rights a mental health care user is entitled to in terms of the Mental Health Care Act
- Rewritten chapter 8, 'Working with cultural diversity in mental health care', that focuses on diversity, culture and cultural competence
- Rewritten chapter on personality disorder (chapter 18) that helps the reader acquire an understanding of the common characteristics and difficulties that people diagnosed with a personality disorder experience and uses a psychodynamic and transactional analysis model to understand these characteristics and difficulties and to help direct treatment.
- An extensive list of web resources at the end of each chapter is retained and updated

Contents Include:

Chapter 1: The history of mental health nursing
Chapter 2: A conceptual framework for MHN
Chapter 3: Comprehensive mental health care
Chapter 4: Mental health care in the health care system
Chapter 5: The consumers in mental health care
Chapter 6: Legal structure
Chapter 7: Ethical dilemmas in mental health nursing
Chapter 8: Working with cultural diversity in mental health care
Chapter 9: The mental health nursing process
Chapter 10: Assessment of the psychiatric patient
Chapter 11: Nursing interventions
Chapter 12: Nursing the patient with an anxiety disorder
Chapter 13: Nursing the patient with a mood disorder
Chapter 14: Nursing the patient with schizophrenia
Chapter 15: Nursing the patient with a substance-related disorder
Chapter 16: Nursing the patient with a cognitive disorder
Chapter 17: Nursing care of persons with intellectual disabilities
Chapter 18: Nursing the patient with a personality disorder
Chapter 19: People who have experienced trauma
Chapter 20: People with mental illness who have comorbid general medical conditions
Chapter 21: Mental health of people living with HIV or Aids
Chapter 22: Mental health nursing of children and adolescents
Chapter 23: Nursing forensic psychiatric patients
Appendix 1: Inpatient evaluation scale
Appendix 2: University of Natal Functional Assessment Scale
Appendix 3: examples of questions used in a psychiatric history
Appendix 4: Evaluation of group work
Appendix 5: Evaluation of mental health education
Appendix 6: Time-event chart for a patient with anxiety symptoms
Appendix 7: Hamilton anxiety rating scale
Appendix 8: Beck depression inventory
Appendix 9: Classification of psychiatric disorders of infancy, childhood & adolescence
Appendix 10: Glossary of psychiatric terms

Of Interest and Benefit to:

Undergraduate nursing students completing the degree or diploma course; medical students in the fields of psychiatry; post-basic/honours students; practitioners of patient advocacy; practising nurses.