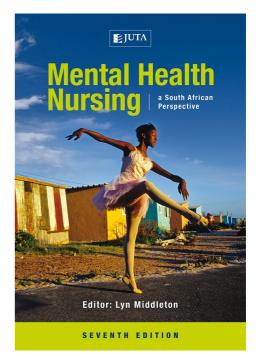


# **Mental Health Nursing**

Edition: Publication date: Author/Editors: ISBN: Format: Number of Pages: Retail price: delivery.) Website Link: 7th Edition 2019 Middleton, L 9781485124696 Soft Cover 900 R886.00 (incl. VAT, excl.

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### About this Publication:

Now in its 7th edition, this well-established title has been updated and revised to reflect the latest research in the field of mental health nursing. A team of authors from a range of higher education institutions has revised the text to ensure the book remains relevant to the current realities of nursing mental health care users in South Africa. The text takes the curricula of mental health nursing into account to ensure it is suitable for the new nursing programme. Rich in evidence-based practice and case studies, the book incorporates the diagnostic criteria from the DSM-5 <sup>™</sup> with accompanying explanatory text.

#### New to the 7th edition

- DSM-5 <sup>™</sup> diagnostic criteria retained with updated accompanying text
- Updated research added throughout
- Completely new chapter 6, 'Legal structures in mental health care nursing', that outlines the broader legal context within which mental health nurses practise and discusses the rights a mental health care user is entitled to in terms of the Mental Health Care Act
- Rewritten chapter 8, 'Working with cultural diversity in mental health care', that focuses on diversity, culture and cultural competence
- Rewritten chapter on personality disorder (chapter 18) that helps the reader acquire an understanding of the common characteristics and difficulties that people diagnosed with a personality disorder experience and uses a psychodynamic and transactional analysis model to understand these characteristics and difficulties and to help direct treatment.
- An extensive list of web resources at the end of each chapter is retained and updated

#### **Contents Include:**

Chapter 1: The history of mental health nursing Chapter 2: A conceptual framework for MHN Chapter 3: Comprehensive mental health care Chapter 4: Mental health care in the health care system Chapter 5: The consumers in mental health care Chapter 6: Legal structure Chapter 7: Ethical dilemmas in mental health nursing Chapter 8: Working with cultural diversity in mental health care Chapter 9: The mental health nursing process Chapter 10: Assessment of the psychiatric patient Chapter 11: Nursing interventions Chapter 12: Nursing the patient with an anxiety disorder Chapter 13: Nursing the patient with a mood disorder Chapter 14: Nursing the patient with schizophrenia Chapter 15: Nursing the patient with a substance-related disorder Chapter 16: Nursing the patient with a cognitive disorder Chapter 17: Nursing care of persons with intellectual disabilities Chapter 18: Nursing the patient with a personality disorder Chapter 19: People who have experienced trauma Chapter 20: People with mental illness who have comorbid general medical conditions Chapter 21: Mental health of people living with HIV or Aids Chapter 22: Mental health nursing of children and adolescents Chapter 23: Nursing forensic psychiatric patients Appendix 1: Inpatient evaluation scale Appendix 2: University of Natal Functional Assessment Scale Appendix 3: examples of questions used in a psychiatric history Appendix 4: Evaluation of group work Appendix 5: Evaluation of mental health education Appendix 6: Time-event chart for a patient with anxiety symptoms Appendix 7: Hamilton anxiety rating scale Appendix 8: Beck depression inventory Appendix 9: Classification of psychiatric disorders of infancy, childhood & adolescence

Appendix 10: Glossary of psychiatric terms

## **Of Interest and Benefit to:**

Undergraduate nursing students completing the degree or diploma course; medical students in the fields of psychiatry; post-basic/honours students; practitioners of patient advocacy; practising nurses.