

# Clinical Guide for Midwives, Juta's

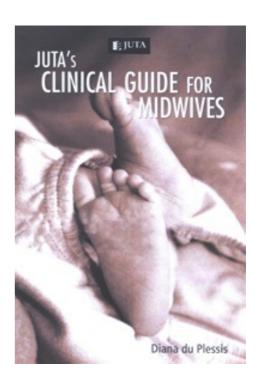
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### **About this Publication:**

Skilled care during pregnancy, birth and the postnatal period is vital to the survival and health of mothers and newborns. In fact, the wellbeing of a society is represented by the health of mothers, newborns and children. To this end, the United Nations has determined that the number of births assisted by a skilled attendant is one of the indicators of progress in a country. Juta's Clinical Guide for Midwives is a user-friendly, highly illustrated clinical manual developed to provide all midwives with up-to-date knowledge and practical skills.

## **Key Features**

- Step-by-step instructions for carrying out procedures, along with a rationale for each
- Clinical tips drawn from years of midwifery experience
- Clear illustrations to demonstrate difficult procedures or concepts

### **Contents Include:**

Part 1: Antenatal

Module 1: Amniocentesis

Module 2: Aromatherapy massage

Module 3: Teaching breast self-examination (BSE)

Module 4: Asculating fetal heart rate

Module 5: Assessing deep tendon reflexes and clonus (DTR)

Module 6: Pelvimetry

Module 7: Symphysis-fundal measurement

Module 8: Vaginal examination

Part 2: Second and third stages of labour

Module 1: Apgar scoring Module 2: Cord prolapse

Module 3: Examination of the placenta

Module 4: Episiotomy

Module 5: Immediate management of the newborn

Module 6: Management of a normal delivery

Module 7: Preparing for a waterbirth

Module 8: Shoulder dystocia Module 9: The partogram

Part 3: Postnatal

Module 1: Admission of the baby to the nursery

Module 2: Assessing the gestational age

Module 3: Assessing lochia and managing postpartum haemorrhage

Module 4: Bathing a baby

Module 5: Care of engorged breasts

Module 6: Determination of blood glucose levels

Module 7: Growth measurements
Module 8: Head circumference
Module 9: Kangaroo mother care
Module 10: Nasopharyngeal suctioning
Module 11: Naso-orogastric feeding

Module 12: Perineal assessment

Module 13: Postpartum assessment of the uterine fundus

Module 14: The incubator and radiant warmer Module 15: The infant receiving phototherapy

# Of Interest and Benefit to:

Undergraduate nursing students following the comprehensive 4-year training program where midwifery is an integrated part • Practising Midwives, and midwives wishing to update their clinical skills • Medical practitioners.