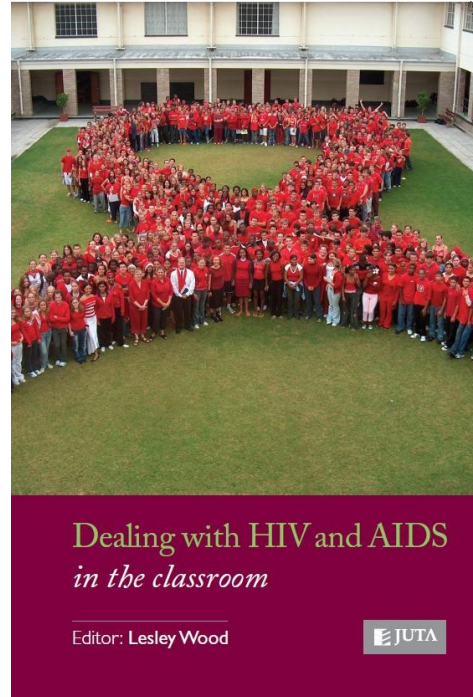


# Dealing with HIV and Aids in the Classroom

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## About this Publication:

Much has been written about how many parents, children and educators are infected or affected by HIV and Aids. However, little has been offered in the way of practical, pedagogical and emotional help for teachers dealing with HIV and Aids in their classrooms. This updated book is an attempt to help those teachers cope on a day-to-day basis in the classroom.

This revised edition of *Dealing with HIV and Aids in the classroom* was inspired by reflections, comments and photographs provided by real teachers who created a new understanding of what it is like to be a teacher in a world where HIV and Aids are endemic.

## **Contents Include:**

### **SECTION 1 GENERAL BACKGROUND TO HIV AND AIDS IN EDUCATION IN AFRICA**

#### **Chapter 1 The nature of HIV and Aids**

- The origin of HIV
- The discovery of HIV and Aids
- The transmission of HIV
- Myths concerning the transmission of HIV
- The effects of HIV on the immune system
- The phases of HIV infection
- Opportunistic infections
- The treatment of Aids
- Testing for HIV
- Voluntary counselling and testing (VCT)
- The reality of Aids
- Suggestions for teaching and learning activities
- Teaching tips
- Further reading and links

#### **Chapter 2 The impact of HIV and Aids on education in Africa**

- The impact of HIV and Aids on the education sector in Africa
- Addressing the pandemic<sup>36</sup>
- The HIV and Aids pandemic as an opportunity for change
- Suggestions for teaching and learning activities
- Further reading and links

#### **Chapter 3 Sociocultural factors**

- Factors promoting HIV and Aids transmission in Africa
- Influencing behavioural change
- Suggestions for teaching and learning activities
- Teaching tips
- Further reading and links

### **SECTION 2 DEVELOPING COMPETENT HIV AND AIDS EDUCATORS**

#### **Chapter 4 Taking action to combat HIV and Aids**

- Doing action research
- Suggestions for teaching and learning activities
- Teaching tips
- Further reading and links

#### **Chapter 5 Resilient coping strategies**

- The impact of the pandemic on educators
- Resilience
- Strategies to encourage resilience
- Encouraging resilience
- Suggestions for teaching and learning activities
- Further reading and links

#### **Chapter 6 Providing leadership for managing HIV and Aids in schools**

- Challenges in fighting HIV and Aids in schools
- The multi-pronged approach
- Suggestions for teaching and learning activities
- Good leadership tips
- Further reading and links

#### **Chapter 7 Innovative teaching strategies for HIV and Aids prevention and education**

- Visual participatory methodologies
- Drawing
- Suggestions for teaching and learning activities
- Teaching tips
- Photovoice
- Suggestions for teaching and learning activities
- Teaching tips
- Participatory video

- Suggestions for teaching and learning activities
- Teaching tips
- Image theatre
- Suggestions for teaching and learning activities
- Teaching tips
- Further reading and links

## **SECTION 3 CREATING A HEALTHY SCHOOL ENVIRONMENT**

### **Chapter 8 Human rights**

- Universal human rights
- An opportunity to humanise teaching
- The advocacy role of teachers
- Suggestions for teaching and learning activities
- Teaching tips
- Further reading and links

### **Chapter 9 Care and support**

- Coping with grief and loss
- Caring for yourself and others
- Basic listening skills
- Creating a supportive environment
- Practical support for learners
- Practical support for educators
- Suggestions for teaching and learning activities
- Further reading and links

### **Chapter 10 Promoting responsible decision making and problem-solving**

- The developmental phases of sexuality
- Effective sexuality education
- HIV prevention education as part of sexuality education
- Problem-solving as part of sexuality education
- Suggestions for teaching and learning activities
- Teaching tips
- Further reading and links

### **Of Interest and Benefit to:**

- Revised and updated content: The chapters have been updated with recent statistics and to reflect the current measures to address the pandemic.
- A focus on the self-development of the teacher: Teachers have the potential to be change agents and can start to take the lead in shifting attitudes towards HIV and Aids in the educational context.
- Practical application guidelines: Each chapter gives concise ideas on how to practically apply the theory/knowledge in the school setting, with particular emphasis on the creative use of limited resources.
- Simple, straightforward language: Teachers will find the book easy to read.
- Personal, real-life experiences of teachers, along with their own photographs  
Teachers will relate to these experiences, as theirs are probably similar.