

Nursing Psychology, Juta's

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Author/Editors: Middleton, L Nicolson, G O'Neill,

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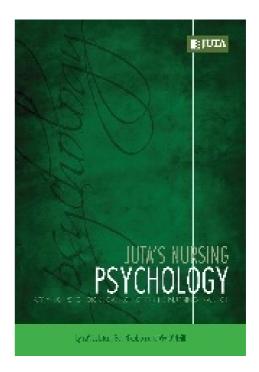
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About this Publication:

Juta's Nursing Psychology is aimed at nursing professionals to enable them to apply psychological concepts to nursing practice and so assist them in their day-to-day contact with patients. It examines human behaviour in a holistic way, and this means considering the whole person: brain, nervous system, personality, stage of life, social relationships and so on. The selection of topics in Juta's Nursing Psychology makes this holistic view a reality and includes:

• the biological basis of human behaviour • human development across the lifespan, including the social context• psychological approaches to health and ill-health• an introduction to counselling.

Key Features

- Written in an easy, conversational style that makes the text accessible for second language students
- Numerous, relevant case studies that encourage discussion and explain how psychological theories

inform daily nursing practice

- Discussions and short-answer questions at the end of each chapter to further enhance knowledge
- A section on web-based resources for further research at the end of each chapter
- Access to lecturer support material for the busy lecturer

Contents Include:

- Development from conception to the end of childhood
- Development from puberty to the end of life
- Psychological approaches to personality
- Psychopathology
- Stress, resilience and coping
- Memory and learning
- Human behaviour and the social context
- The physiology of human behaviour