

## **Career Counselling**

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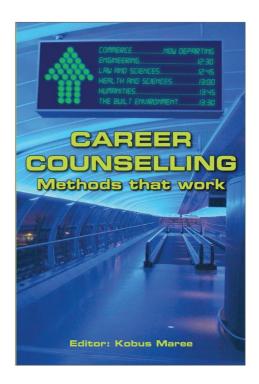
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## **About this Publication:**

Career Counselling: Methods that work is a much-needed introductory text for all practitioners involved in primary, secondary and tertiary education, psychology and social work. It is also suitable for corporate coaches, academics, researchers, scholars and students interested in becoming familiar with career construction counselling for life designing.

A unique feature of the book is that the work of an extensive range of international experts (theorists, researchers and practitioners) has been brought together in one publication. Representing the main schools of thought in career counselling today, this book identifies and reflects the growing global interest in innovative approaches to career counselling and, more particularly, Mark Savickas' career-style interview technique for career construction counselling.

Career Counselling: Methods that work was inspired, firstly, by the ground-breaking work of and global response to Mark Savickas' publications and workshops on the lifestyle approach to career counselling. Secondly, it was motivated by the increased emphasis on career counselling in training institutions. The contributors collectively meld traditional and contemporary traditions in the field of career counselling in this accessible, hands-on text that can be used to design the future lives of persons of all ages.

## **Contents Include:**

- Chapter 1: Career assessment: using scores and stories in life designing
- Chapter 2: Using the best of both worlds: not a question of one or the other
- Chapter 3: Enough for my mealie meal
- Chapter 4: Career counseling of people with disabilities
- Chapter 5: Can tests "predict" success or to help you find a career? The role of other factors in predicting success
- Chapter 6: Storytelling: moving from thin stories to thick and rich stories
- Chapter 7: Obtaining an interest profile
- Chapter 8: Personality and value-related information
- Chapter 9: Obtaining a study orientation profile
- Chapter 10: Obtaining, developing and enhancing an emotional intelligence profile
- Chapter 11: The role of the family in career interest development
- Chapter 12: Creative approaches to gathering baseline information
- Chapter 13: The interface between career counseling and other counseling/psychotherapy
- Chapter 14: Adapting in a changing world: dealing with repeated career transitions
- Chapter 15: Feeling the water: carrying out job/work analysis
- Chapter 16: The final product: writing a career counseling report
- Chapter 17: Two case studies
- Chapter 18: Identifying Life-Career Themes with the Career-Style Questionnaire
- Chapter 19: Using early memories in career-story interviewing

## Of Interest and Benefit to:

- Practitioners in primary, secondary and tertiary education
- Teachers and principals
- Corporate coaches
- Psychologists
- Social workers
- Researchers
- Academics
- Students and scholars