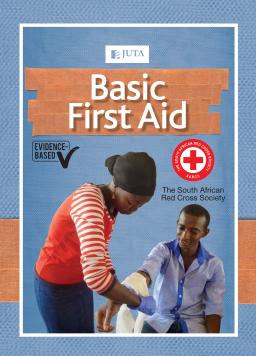


NEWS FLASH



Basic First Aid















Basic First Aid seeks to equip first aiders with the basic skills needed to effectively manage an emergency situation before the arrival of emergency care providers. The manual describes the most up-to-date basic first aid techniques for use in situations where there are limited or no resources available. It outlines step-by-step processes for a first aider to follow and administer to an ill or injured person before the arrival of emergency medical care on the accident scene or before transporting the casualty to a medical facility. Drawing on evidence-based practice and careful research into various emergency cases, this manual provides practical examples and methods to allow the first aider to provide the right kind of assistance in a medical emergency.

CONTENTS

Unit 1 General principles of first aid

- Key points to remember as a first aider
- How to protect against infection
- Four main steps to deal with an emergency

Unit 2 Basic life support

- What to do when a casualty is not breathing
- Cardiopulmonary resuscitation (CPR)
- Choking

Unit 3 Injuries

- Bleeding
- Shock
- Broken and dislocated limbs
- Injuries to the head, neck and back
- **Poisonings**

Unit 4 Medical conditions

- Heart attack

Unit 5 Community health conditions

- Cholera

Unit 6

• Emergency childbirth

Unit 7 Moving a casualty

- What a first aider needs to remember
- How to lift a casualty
- What is the most appropriate technique to use?
- Appendix 1 First aid materials



Juta Customer Services: Tel: +27 21 659 2300, Fax +27 21 659 2360, email: cserv@juta.co.za; Juta and Company (Pty) Ltd, 1st Floor, Sunclare Building, 21 Dreyer Street, Claremont, 7708, Cape Town, South Africa; PO Box 14373, Lansdowne 7779; Docex Number DX 326 Cape Town

ORDER FORM



Basic First Aid

FOR ORDERS IN SOUTHERN AFRICA, PLEASE COMPLETE THIS ORDER FORM AND FAX OR EMAIL IT TO:

Juta Customer Services | Fax: 021 659 2360 | Email: cserv@juta.co.za For orders: orders@juta.co.za | Online purchases: www.juta.co.za

TITLE	ISBN (PRINT)	QUANTITY	PRICE (incl.VAT)
Basic First Aid	978 0 70219 803 8 (PRINT) 978 0 70219 732 1 (eISBN)		R142.00
		TOTAL	

Customer Details

Name:
Surname:
Company:
Address (street):
Code:
Address (postal):
Code:
Tel No: Fax No:
ID/Passport/Company Registration No:
Email:
Date:
Cianatura

*JUTA SALES CONSULTANTS

GAUTENG, NORTH-WEST & PRETORIA *TAMI KING*

Block A, Sandton Close 2, 3rd Floor, c/o 5th and Norwich Roads, Sandton

Tel: +27 (0) 11 217 7234 Cell: 083 399 9042 E-mail: tking@juta.co.za

KWAZULU-NATAL, NORTHERN-CAPE, FREE STATE, GAUTENG & EASTERN CAPE JENNIE BOWEN

60 Wilkes Road, Prestbury, Pietermaritzburg Cell: 083 367 9720

E-mail: jbowen@juta.co.za

KWAZULU-NATAL, EASTERN CAPE, MPUMALANGA, LESOTHO & SWAZILAND GLADMAN BUTHELEZI

19 Hurst Grove, Clifton Place, 1st Floor, Musgrave, Durban

Tel: +27 (0) 31 304 4335 Cell: 083 702 2425

E-mail: gbuthelezi@juta.co.za

WESTERN CAPE, EASTERN CAPE (PORT ELIZABETH), SOUTHERN CAPE & NAMIBIA

JANINE GENTLE

1st Floor, Sunclare Building, 21 Dreyer Street, Claremont Tel: +27 (0) 21 659 2300 Cell: 072 375 8006 E-mail: jgentle@juta.co.za

GAUTENG, LIMPOPO, MPUMALANGA & BOTSWANA

PIETER SMITH

Block A, Sandton Close 2, 3rd Floor, c/o 5th and Norwich Roads, Sandton

Tel: +27 (0) 11 217 7200 Cell: 083 283 7055 E-mail: psmith@juta.co.za

FOLLOW US ON SOCIAL MEDIA

Facebook: Juta Academic Twitter: @JutaAcademic Instagram: Juta and Company





