



Basic First Aid



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Basic First Aid seeks to equip first aiders with the basic skills needed to effectively manage an emergency situation before the arrival of emergency care providers. The manual describes the most up-to-date basic first aid techniques for use in situations where there are limited or no resources available. It outlines step-by-step processes for a first aider to follow and administer to an ill or injured person before the arrival of emergency medical care on the accident scene or before transporting the casualty to a medical facility. Drawing on evidence-based practice and careful research into various emergency cases, this manual provides practical examples and methods to allow the first aider to provide the right kind of assistance in a medical emergency.

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