

LEARNING ENVIRONMENTS



You need to create a learning environment that is beneficial to your physical and mental well-being and that will enable you to receive the most from your university education.

The list below contains some characteristics of an inadequate learning environment that may have been a hindrance to your learning experience and education at high school. They may have prevented you from achieving your best:

- 1** *Noisy Classroom Environment*
- 2** *No Access to Library*
- 3** *Few Resources*
- 4** *No Study Timetable*
- 5** *No place to Study at Home*
- 6** *Noisy Home Environment*

These 'physical aspects' add up to an unhealthy learning environment. If you have experienced some of these situations at one point or another in your high school career you need to make some changes in order to perform well at university.



TAKE NOTE

The word 'environment' as used here means your entire learning situation, including all the conditions that make it a good or bad place in which you can learn and study.