

# CONTENTS

- 2 Subject index
- 4 Introduction
- 5 Contact us
- 8 Trade terms and conditions
- 10 Health titles
- 53 Author index
- 54 Title index

## SUBJECT INDEX

### Nursing and Allied Health Sciences

<b>Ancillary Health Workers</b>	Auxiliary Nurse, The
	Auxiliary Nurse's Guide, The
<b>Biological and Natural Sciences</b>	Anatomy and Physiology for Nurses, Textbook of
<b>Community Health Nursing Science</b>	Community Development
	Fertility Management
	Health of Southern Africa
	HIV/AIDS in sub-Saharan Africa: understanding the Implications of Culture and Context
	Occupational Health
	Vlok's Community Health
<b>Cultural Aspects of Health Care</b>	Cultural Aspects of Health Care
<b>Dictionaries</b>	Blackwell's Nursing Dictionary
<b>EMS</b>	Basic First Aid
	Disaster Medicine
	Essential First Aid
<b>Enrolled Nursing Auxiliaries</b>	Auxiliary Nurse, The
	Auxiliary Nurse's Guide, The
<b>Ethos and Professional Practice</b>	A-Z of Nursing Law
	Bioethics, Human Rights and Health Law
	Ethics in Healthcare
	Fundamentals of Research Methodology
	New Approach to Professional Practice, A
<b>Fundamental Nursing Science</b>	Juta's Counselling Handbook for Healthcare Professionals
	Juta's Manual of Nursing Volume 1
	Study Skills for Nurses
<b>General Nursing Science</b>	Juta's Manual of Nursing Volume 1
	Juta's Manual of Nursing Volume 2
	Juta's Manual of Nursing Volume 3
	Manual of Nursing Volume 1
	Manual of Nursing Volume 2
<b>HIV/Aids</b>	Working with HIV/Aids
<b>Infection Control</b>	Infection Control Made Easy
	Prevent and Control Infection
	Understanding Infection Prevention and Control
<b>Integrative Health Care</b>	Integrative Health Care
<b>Management Sciences</b>	Dimensions of Nursing Management
	Healthcare Service Management
	Introduction to Health Care Service Management
	Leadership in Health Services Management
	Record Keeping
	Supervision in Nursing Practice
<b>Medical Surgical Nursing</b>	Juta's Complete Textbook of Medical-Surgical Nursing

<b>Midwifery</b>	Juta's Clinical Guide for Midwives
	Maternal and Newborn Care
	Newborn Baby
	Partograph
	Sellers' Midwifery
<b>Paediatric Nursing</b>	Child Abuse
	Newborn Baby
<b>Pharmacology</b>	Pharmacology in Clinical Practice
<b>Post Basic Courses</b>	Acute Care
	Aspects of Forensic Medicine
	Clinical Ophthalmology Companion
	Dimensions of Nursing Management
	Healthcare Service Management
	Infection Control Made Easy
	Nurse Educator in Practice
	Ophthalmology
	Palliative Care
	Partograph
	Record Keeping
Teaching Aspects of Health Care	
<b>Psychiatry</b>	Mental Health Nursing
	Primary Health Care Psychiatry
<b>Psychology and Sociology</b>	Developmental Psychology
	Introduction to Psychology
	Juta's Nursing Psychology
	Juta's Sociology for Healthcare Professionals
	Sociology – A South African Introduction
	Student's A to Z of Psychology
<b>Research</b>	Fundamentals of Research Methodology for Health Care Professionals

## Medical Schools

<b>Emergency Medicine</b>	Disaster Medicine
<b>Ethics, Health Law and Human Rights</b>	A–Z of Medical Law
	Bioethics, Health Law and Human Rights
<b>Forensic Medicine</b>	Aspects of Forensic Medicine
<b>Ophthalmology</b>	Clinical Ophthalmology Companion
	Ophthalmology Lecture Notes for Medical Students
<b>Primary Health Care / Community Health</b>	Child Abuse
	Patient-centred Communication and Counselling
	Primary Health Care Psychiatry
	Vlok's Community Health
<b>Public Health</b>	The South African Health Reforms 2009–2014
<b>Women's Health</b>	Clinical Gynaecology
	Maternal and Newborn Care
<b>Paediatrics</b>	Maternal and Newborn Care
	Newborn Baby
<b>Psychiatry</b>	Primary Health Psychiatry
<b>Physiology</b>	Essentials of Medical Physiology
<b>Research</b>	Writing your First Clinical Research Protocol



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  - Unresolved complaints are referred to the Divisional Sales Manager.
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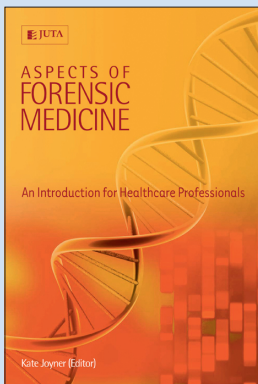
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## Aspects of Forensic Medicine

– An Introduction for Healthcare Professionals

*K Joyner (Editor)*

Trauma, including rape and violence against women and children, accounts for the majority of emergency department visits in South Africa, especially over the weekends. The management of trauma not only involves the medical aspects of wound evaluation and treatment, but also the legal (forensic) aspect. This merger of medical and legal responsibilities is often overlooked as the healthcare professional is primarily concerned with the medical care of her/his patient. However, for the vast majority of patients, the follow up of the potential legal process is an important one, and adds to the patient's closure and healing. The healthcare professional is uniquely placed to help the patient both medically and legally and assist with this process.

### Contents

The expert witness and the J88 in criminal proceedings • Forensic care in sexual offences • Forensic care in child sexual abuse • Forensic care in non-accidental injury of the child • How to provide comprehensive, appropriate care for survivors of intimate partner violence • Forensic wound identification • The role of forensic healthcare professionals in the investigation of death • The Death Notification form

### Key features

Provides appropriate information on forensic documentation to take the uncertainty out of dealing with legal issues • Explains how to identify possible survivors of intimate partner violence so that survivors can be treated with compassion and understanding • Discusses the legal requirement to report suspected child abuse so that the healthcare provider understands her/his legal responsibilities • Explains how to proceed at the scene of death, thus enable the healthcare professional to understand her/his role.

### Recommended for

Paramedics • The post-graduate diploma in forensic nursing • Medical doctors in their fourth year of study • Medical doctors specialising in forensic medicine • Any healthcare professional dealing with the survivors of intimate partner violence

### The editor and authors

*Dr Kate Joyner* (Editor) is a lecturer in Psychiatric Nursing at Stellenbosch University. The research topic of her PhD was intimate partner violence. She co-authored chapter 5 with her PhD supervisor, *Dr Bob Mash*. *Dr Lillian Artz* is Director: Gender, Health and Justice Research Unit, Faculty of Health Sciences, University of Cape Town. *Dr Sinegugu Duma* is an associate professor and Head: Division of Nursing and Midwifery, School of Health and Rehabilitation Sciences, University of Cape Town. *Inger Hendry* is a senior lecturer in the clinical aspects of the Dip in Child Nursing: University of Cape Town. Sexual Assault Nurse Practitioner in rape survivor centres in Cape Town. *Dr Lorna Martin* is Head of Department, Clinical Laboratory Sciences and Chief Specialist, and Head of Forensic Medicine and Toxicology, Faculty of Health Sciences, University of Cape Town. *Dr Marianne Marais-Kotzé*, Directorate: Forensic Pathology and Clinical Forensic Services, Department of Health, Free State Province, and an affiliated lecturer in the Department of Family Medicine, University of Free State. *Dr Steve Naidoo* is an associate professor and Head: Department of Forensic Medicine, Nelson R. Mandela School of Medicine, University of KwaZulu-Natal. *Adv. Bronwyn Pithey* is Head: Western Cape Sexual Offences and Community Affairs Unit, DDPP, National Prosecuting Authority.



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## Auxiliary Nurse, The

L Booysen, M van Zyl & I Erasmus & A Young (Consulting Editor)

Now in its fourth edition, this peer-reviewed and updated edition of *The Auxiliary Nurse* has been raised to Level 5 on the NQF and its content covers the requirements of the new Nursing Auxiliary qualification.

Existing chapters have been expanded on and chapters on Pharmacology and Communication added. To meet the requirements of the new curriculum, sections on nursing the disabled and palliative care have been added to the chapter on Vulnerable Groups.

Great care has been taken to ensure that the content of this book is relevant, up-to-date and accessible. Where appropriate, information and procedures are supported by the latest evidence-based practice and the latest developments in the field of healthcare are explained, such as integrated care pathways.

### Contents

Introduction to Nursing Culture • Professional Practice and Ethics • Introductory Anatomy and Physiology • Basic Principles of Pharmacology and Safe Administration of Medication • Microbiology • Communication in a Nursing Context • Basic Nursing • Food and Nutrition • Emergency Care and First aid • Community Healthcare • Vulnerable Groups

### Key features

Clear and accessible language so that learning is a pleasure. • Numerous clear illustrations to assist the study of anatomy and physiology. • Definitions of new ideas, and explanations of difficult words, to ensure complete understanding of unfamiliar terminology. • Learner activities for each learning unit, to put the theory into practice.

### Recommended for

Suitable as a prescribed textbook for nursing students registering in any of the following categories: Enrolled Nursing Auxiliary, Enrolled Nurse.

### The authors and editor

The experienced author team consists of nurse educators who have the necessary knowledge and experience to know what works in the ward as well as in the classroom. *Liesel Booysen* is currently the Director of Nursing at Empilweni Education in Randburg. *Ina Erasmus* is currently employed at a private healthcare institution. *Magda van Zyl* is Principal at Empilweni Education in Randburg and actively involved in curricula for the new Auxiliary Nursing qualification. The Consulting Editor, *Anne Young*, is the former head of post-basic nursing at Coronation Nursing College and is now retired.

## Auxiliary Nurse's Guide, The

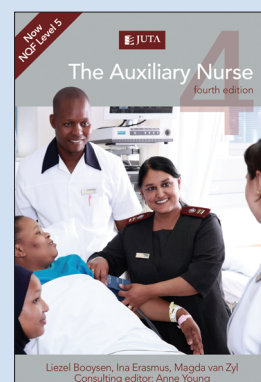
JC Stevenson

This handbook accommodates the South African Nursing Council's instructions and guidelines concerning the auxiliary nurse's training and scope of practice. The 11 chapters are split into several units, each focusing on a specific procedure or topic. Each unit starts with a statement of its educational aims, making it easier for the auxiliary nurse to carry out her/his tasks and for the educator to evaluate progress. The author cites reference sources at the end of each chapter to assist both the learner and the mentor. Explanatory illustrations accompany the straight forward and clearly written text.

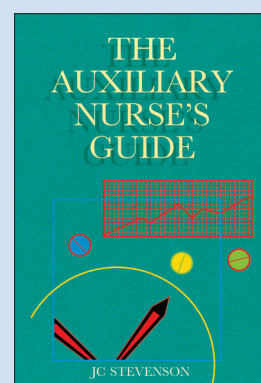
### Contents

History and ethics of nursing • Nutrition • Anatomy and physiology • Basic nursing: hygiene • Comfort of the patient • Medication and related procedures • General assistance to the professional nurse • Duties of the auxiliary nurse • Human needs • Preventive medicine and measures • Contagious and notifiable diseases

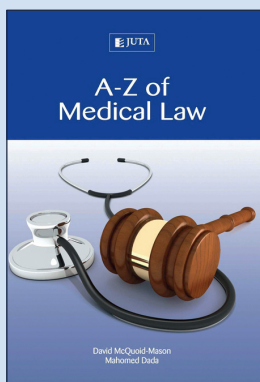
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## A-Z of Medical Law

*D McQuoid-Mason & M Dada*

This exciting and long-awaited text equips medical practitioners to deal with the legal issues they encounter in daily practice. Informative, relevant and up to date, The *A-Z of Medical Law* covers all recent changes to the law and legislation affecting the medical professions. As the only local book of this nature, it is sure to become an invaluable resource for practising medical and other healthcare professionals. Undergraduate and postgraduate medical students will also find it useful.

### Contents

Topics arranged alphabetically from Abandonment of patient to Zulu law.

### Key features

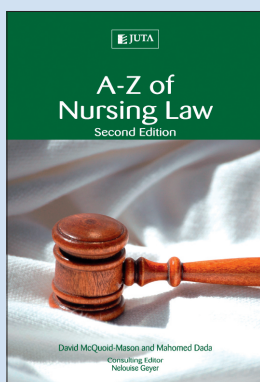
Completely comprehensive – addresses more than 650 topics • Presents topics alphabetically for ease of access • Explains exactly what the law is and its implications for medical practice • Highlights aspects that require caution • Applies to both the professional and private life of the medical practitioner

### Recommended for

Undergraduate and postgraduate medical students.

### The authors

*David McQuoid-Mason* (Centre for Socio-Legal Studies, University of KwaZulu-Natal) and *Mahomed Dada* (formerly Professor of Forensic Medicine, University of KwaZulu-Natal) have co-authored the *A-Z of Nursing Law* and co-authored and edited several books and manuals, such as the *The Guide to Forensic Medicine and Medical Law*, *Introduction to Medico-Legal Practice* and *Crimes against Women and Children: A Medico-Legal Guide*. *David McQuoid-Mason* writes the Medical Professions and Practice, Veterinary Practice and Public Health chapters for *LAWSA*.



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## A-Z of Nursing Law

*D McQuoid-Mason, M Dada & N Geyer*

Working in the health sector, dealing with life and death issues on a daily basis requires a sound body of information to empower, protect and inform nurses and all health practitioners. There have been many changes to legislation over recent years and this book will provide an invaluable resource. Written by internationally-renowned authors it covers issues that impact on the nurse's professional and private life.

### Contents

Topics arranged alphabetically from Abortion to Xenophobia.

### Key features

Unique – only local text of this nature – over 400 topics addressed • Alphabetically arranged and easily accessible using key words to find answers to different legal issues • The book not only explains what the law is but also the nursing implications • The book draws the nurses to certain aspects of the law that require caution • It applies to both the professional and private life of nurses • The user will have a complete A to Z of important aspects of the law relevant to nurses

### Recommended for

Undergraduates • Postgraduates • Professionals • Law and medical libraries • Hospitals and hospices • Nursing trade unions

### The authors

*Professor David McQuoid-Mason* (Centre for Socio-Legal Studies, University of KwaZulu-Natal) and *Dr Mahomed Dada* (formerly Professor of Forensic Medicine at UKZN) have co-authored several books and manuals, such as *Guide to Forensic Medicine and Medical Practice* (2000); *Introduction to Medico-Legal Practice* (2000); and with Bess Pillemer and Carol Friedman, *Crimes Against Women and Children: A Medico-Legal Guide* (2002). Professor McQuoid-Mason also writes the Medical Law chapter for *LAWSA* which includes the law affecting nurses. *Nelouise Geyer* (RN, RM, BA Cur, MA Cur) is currently employed by the Southern African HIV Clinicians Society as the editor for the nursing magazine.

## Basic First Aid

*The South African Red Cross Society*

*Basic First Aid* seeks to equip first aiders with the basic skills needed to effectively manage an emergency situation before the arrival of emergency care providers. The manual describes the most up-to-date basic first aid techniques for use in situations where there are limited or no resources available. It outlines step-by-step processes for a first aider to follow and administer to an ill or injured person before the arrival of emergency medical care on the accident scene or before transporting the casualty to a medical facility. Drawing on evidence-based practice and careful research into various emergency cases, this manual provides practical examples and methods to allow the first aider to provide the right kind of assistance in a medical emergency.

### Key features

The general principles of first aid • Basic life support (including unconsciousness, CPR, choking and fainting) • Injuries (including wounds, bleeding, shock, burns and poisonings) • Medical conditions (including stroke, heart attack and fits) • Community health conditions (including malaria, cholera, diarrhoea and rashes) • Emergency childbirth • How to move a casualty

## Bioethics, Human Rights and Health Law

– Principles and Practice

*A Dhai, D McQuoid-Mason & D Knapp van Bogaert*

This practical guide comes at no better time – a South African response to the Health Professions Council of South Africa's policy document to make bioethics, human rights and health law a 10 per cent portion of examinable core curriculum for all students in health sciences faculties. It provides students from year one to completion of study, as well as all health practitioners, with the theory and practical application necessary to understand and apply bioethics, human rights and health law.

### Contents

Part 1: Introduction to Bioethics, Human Rights and Health Law – Background – Ethical theories, principles and concepts • International codes of healthcare ethics • Health and human rights • Health law: The basics

Part 2: Specific Topics – The health practitioner: Patient relationship • Consent • Confidentiality • Medical malpractice and professional negligence • Reproductive medicine • Genetics • Use of human tissue • Death and dying • HIV and AIDS • Resource allocation • Business ethics: The healthcare context • Human health and the environment

Part 3: The Ethics of Research – Historical perspective • The ethical and regulatory environment: local and international • The ethics review process • Scientific misconduct and researcher integrity

### Key features

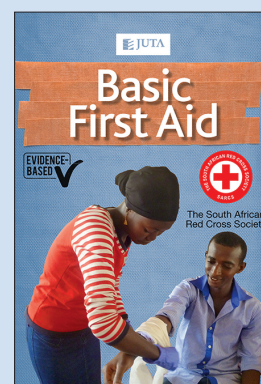
Divided into 3 parts with pertinent topics per part • Outcomes-based with the learning outcomes outlined at the beginning of each chapter • Evaluation questions at the end of each chapter

### Recommended for

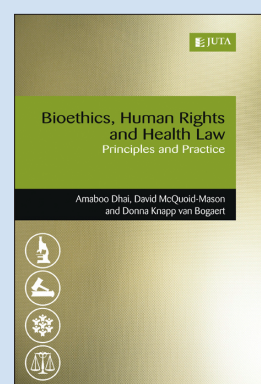
Undergraduate and postgraduate students in health sciences who are studying courses in bioethics, human rights and health law • Health practitioners in all health fields.

### The editors

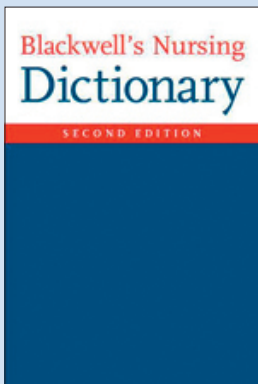
*Amaboo Dhai* is Director of the Steve Biko Centre for Bioethics; Adjunct Professor & Head: Bioethics Discipline; Co-Chair of Human Research Ethics Committee, Faculty of Health Sciences at the University of the Witwatersrand. *David McQuoid-Mason* is Professor of Law at the Centre for Socio-Legal Studies, Howard College School of Law, University of KwaZulu-Natal. *Donna Knapp van Bogaert* is Professor of Bioethics and Academic Director of Postgraduate Studies at the Steve Biko Centre for Bioethics.



2014  
86 pages  
Soft cover  
Printed 9780702198038  
WebPDF 9780702197321  
**R121.00**



2010  
352 pages & CD-ROM  
Soft cover  
Printed 9780702180521  
WebPDF 9780702196133  
**R319.00**



2nd edition 2005  
720 pages  
Soft cover  
Printed 9780702166730  
**R253.00**

## Blackwell's Nursing Dictionary

*Blackwell Publishing*

'Very user-friendly' – European Journal of Cancer Care.

*Blackwell's Nursing Dictionary* is a comprehensive, concise reference with over 30 000 entries and appendices listing a variety of commonly used values and measurements. It combines a coverage of healthcare with accurate and up-to-date information on topics of current concern in modern medicine.

### Key features

Over 15 000 entries • Comprehensive – much more information than a pocket dictionary • Informed by current nursing research and clinical practice • Accessible, authoritative and contemporary • Invaluable and informative appendices • Appendices include: Normal values; Lists of websites for key nursing journals and organisations; Nursing research, information technology and emergency care

### Distribution rights

This is a licensed reprint for sale in South Africa, Swaziland, Lesotho, Botswana, Namibia, Zambia, Uganda and Ghana.

## Child Abuse

– Guidelines and Applications for Primary Healthcare Practitioners

*D Pretorius, AJ Mbokazi, KK Hlaise & L Jacklin*

'Millions of children make their way through life impoverished, abandoned, uneducated, malnourished, discriminated against, neglected and vulnerable. For them, life is a daily struggle to survive.' – The State of the World's Children: Unicef, 2006

Sadly, southern Africa is no exception to this statement and all healthcare professionals will see survivors of abuse during their careers. One of the objectives of *Child Abuse: Guidelines and Applications for Primary Healthcare Practitioners* is to equip healthcare professionals with the knowledge to detect such abuse early.

The authors provide detailed information on the risk factors and indicators of abuse, the ethical decisions around reporting, and in-depth clinical information for the clinician. Final chapters give information on the legal aspects of child abuse, including giving evidence in court and the avenues available to prosecute the perpetrator.

### Contents

Definition of child abuse • Indicators of child abuse • Child abuse risk factors • Clinical presentation, assessment and diagnosis of child abuse • Mechanism of injury • Health team interaction with child/parents • Spectrum of injuries in child abuse • Management of child abuse • Criminalisation of the perpetrator • Evidence gathering • South African law and court procedure • Ethical-dilemmas and suggestions in the management of reporting of child abuse • Resources in South Africa

### Key features

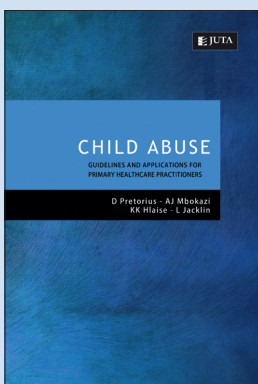
Contains a section of colour photographs to help with identifying abuse • Highlights not-to-be missed information so that significant or key legislative issues are not overlooked • Provides guidance on reporting suspected abuse so that healthcare professionals fully understand their ethical and legal responsibilities • Explains a thorough, step-by-step approach to the clinical examination and documentation of abuse, as well as the importance of maintaining the chain of evidence, so that the clinician can be assured the evidence will be admissible should the case lead to prosecution

### Recommended for

MBBCh students studying Primary Health Care and Paediatrics • Students studying Radiography • Social work students

### The editors

Deidre Pretorius, BSocSc (SW) (UOFS), MSc (Psych)(UL, Medunsa), is currently a neurolinguistic practitioner, social scientist and lecturer at the University of the Witwatersrand.



2011  
272 pages  
Soft cover  
Printed 9780702186592  
WebPDF 9780702195631  
**R356.00**

# Clinical Gynaecology

TF Kruger & MH Botha (Editors)

*Clinical Gynaecology* was first published in 1993. This exciting, updated third edition provides a comprehensive review of the field of gynaecology. Not only has the content been thoroughly reviewed, but the format has also been expanded to include eight new chapters, a DVD and a Quick-Reference Guide. This Quick Reference Guide is a valuable resource as it summarises salient points of the chapters and the DVD shows live techniques and procedures and, as such, is an extremely useful teaching aid.

*Clinical Gynaecology* covers the full spectrum of gynaecological information, making this publication applicable internationally, and invaluable not only for the general practitioner but also the practising gynaecologist.

The following new chapters have been included: Evidence-based principles • Management principles for the practising doctor • Breast health and the general practitioner • Polycystic Ovary Syndrome (PCOS) • Oncogenesis • Litigation in gynaecology • Bioethics in gynaecology • Domestic violence

## Contents

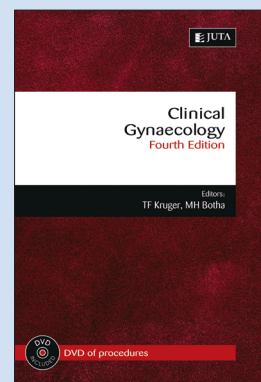
A brief history of gynaecology • History-taking and gynaecological examination • Modern day management principles for the general practice: an emotional intelligence • Anatomy • Embryology • The normal menstrual cycle • Genetics • Diseases of the vagina • Diseases of the vulva • Infections of the genital tract • Antibiotic therapy in gynaecology • Benign conditions of the cervix • Pelvic inflammatory disease • Ectopic pregnancy • Miscarriage • Leiomyomata of the uterus • Dysmenorrhoea • Pelvic pain • Abnormal uterine bleeding • Premenstrual tension • Evidence-based gynaecology • Breast health • Normal sexual development, congenital abnormalities of the genital tract and intersex • Puberty • Amenorrhoea, oligomenorrhoea, galactorrhoea • Hyperandrogenism • Female infertility • Male infertility • Menopause • Hormonal therapy • Treatment modalities in assisted reproduction • Polycystic ovary syndrome • Endometriosis and adenomyosis • Contraception • Disorders of the lower urinary tract • Genital prolapse • Gynaecological fistulae • Cytology • Oncogenesis • Carcinoma of the cervix • Malignancies of the uterine corpus • Ovarian tumours • Primary carcinoma of the fallopian tube, primary peritoneal carcinoma and tumours of the broad ligament • Gestational trophoblastic disease (GTD) • Special treatment in gynaecology • Gynaecological operations • Pre-operative care • Postoperative • Endoscopic surgery • Ultrasound in gynaecology • Trauma and sexual assault • Domestic violence • Paediatric gynaecology • Sexual dysfunction • Bioethics in gynaecology • Litigation in gynaecology • The use of electronic media for information access to gynaecology • Management of gynaecology patients at the appropriate level of care

## Recommended for

This book has a wide application and will be invaluable for undergraduate as well as postgraduate students and practicing physicians.

## The editors

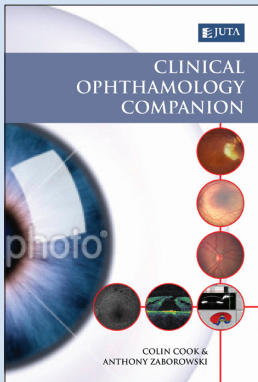
*Professor TF Kruger* was Chair of the Department of Obstetrics and Gynaecology at Stellenbosch University, Tygerberg, between 2003 and 2010 and Head of the Reproductive Biology Unit since 1984. He and his team were responsible for South Africa's first test tube baby in 1984, and is world renowned for his – and his team's – work on male infertility. In 1999 the WHO in Geneva accepted the Tygerberg strict criteria on sperm morphology as an international standard to be used worldwide in Andrology and IVF laboratories. *Dr MH Botha* is Head of the Unit for Gynaecological Oncology at Stellenbosch University and Tygerberg Academic Hospital. His career started in a mission hospital, after which he specialised in obstetrics and gynaecology. Dr Botha did further training in the field of gynaecological oncology in the United Kingdom and is a registered gynaecological oncologist. He has a research interest in fertility preservation in cancer survivors.



4th edition 2011  
712 pages (Book)  
128 pages (Quick Reference Guide)  
Soft cover  
Printed 9780702186684  
WebPDF 9780702196256  
**R795.00**

**New edition in preparation**





2010  
488 pages  
Soft Cover  
Printed 9780702180330  
**R564.00**

## Clinical Ophthalmology Companion

*A Zaborowski & C Cook*

*Clinical Ophthalmology Companion* is a comprehensive reference book for all healthcare practitioners who are working in ophthalmology and optometry. It is written as a quick reference guide, rather than as a lavishly illustrated text. It has been written to accompany other illustrated texts and is intended to facilitate use during consultation. The book concentrates on management as well as pathology, pathophysiology and aetiology – whatever is relevant and important to know for clinical reasons.

### Contents

Conjunctiva • Cornea • Examination techniques • Glaucoma-lens • Lids and lacrimal system • Neuro-ophthalmology • Optics • Refractive surgery • Retina • Strabismus • Systemic diseases • Uvea

### Key features

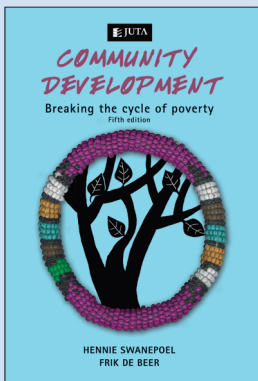
Compiled in an abbreviated and list-driven format allowing large amounts of information to be stored in a few pages and quickly accessed • Reinforces clinical cases with theoretical knowledge • Clinically relevant and affordable

### Recommended for

Practicing ophthalmologists • Ophthalmology residents/registrars, optometrists • Ophthalmic nurses

### The authors

*Professor Colin D Cook*, MBChB, FCOphthSA, FRCOphth, MPH, is Head of the Department of Ophthalmology, Faculty of Health Sciences, University of Cape Town. *Dr Anthony G. Zaborowski*, MBBCh, MMed(Ophth) FCOphth (SA), is Consultant Ophthalmologist at St Augustine's Hospital and the Department of Ophthalmology, Nelson R. Mandela School of Medicine, University of KwaZulu-Natal.



5th edition 2011  
352 pages  
Soft cover  
Printed 9780702188756  
WebPDF 9780702189593  
**R341.00**  
e-Book 9780702196676  
**R341.00**

## Community Development

– Breaking the cycle of poverty

*H Swanepoel & F de Beer*

*Community Development: Breaking the Cycle of Poverty* is a simple, accessible, entry-level book that covers just about every possible problem the practitioner may experience in the field. It is also an 'attitude' book that will instil a specific attitude necessary to make development successful. It lays a solid contextual foundation based on participation and empowerment and will be invaluable for practitioners, policy-makers and students alike.

### Contents

Poverty, ill-being and well-being • The development environment • Stakeholders in community development • The principles of community development • The features and outcome of community development • The community as main actor in community development • The place and role of community development workers • Community development workers and their organisations • Participatory decision-making, problem-solving and management • Communication skills • Group facilitation and leadership development • Conflict resolution, mediation and negotiation • Mobilisation and motivation • Operational writing • Meetings • Public speaking • Contact-making • Participatory research methodology • The start of a project • Planning and implementation • Evaluation and control • The training dialogue • Planning and presenting a training workshop

### Key features

Gives guidance to practitioners in the complex area of community development • Focuses on participatory development • Is based on years of experience accumulated by the authors and community workers



### Recommended for

Practitioners – including specialists such as agricultural extension officers, nurses, health workers, teachers and social workers – who need further knowledge about how to run projects and how to approach and communicate with people associated with these projects • Policy-makers – especially those at a middle management level • Volunteers and employees of non-governmental organisations who are usually eager to get going but lack the basic understanding and skills to do their work • Students studying development studies, sociology, social work, agricultural extension, nursing and anthropology.

### The authors

*Dr Hennie Swanepoel* is Professor and Head of the Department of Development Administration at the University of South Africa before becoming professor emeritus in 1998. *Dr Frik de Beer* is Professor of Development Studies at the University of South Africa.

## Cultural Issues in Health and Health Care

*A Tjale & L de Villiers (Editors)*

Culture and its impact on health assessment and interventions is widely recognised as an essential aspect of medical training. While courses are proliferating throughout Africa and the rest of the developing world there has, until now, been no suitable student textbook or reference text to support such initiatives. The authors of *Cultural Issues in Health and Health Care* deal with the basic principles of transcultural care and focus on training practitioners to be able to put the principles into practice in their own health settings. Moreover, this book would be a suitable prescribed text for health-related sociology and anthropology courses.

### Contents

Historical perspective • Metatheoretical and theoretical perspectives on cultural studies • Cultural competence • Becoming multiculturally aware • Anthropological principles underlying healthcare • Healthcare for people of different faiths • Foundations of intercultural communication • The anthropology of health • Principles of cultural assessment • Multicultural education • Cultural issues in health-services management • Transcultural ethics • Researching cultural issues in healthcare

### Key features

Outcomes based • Case studies • Examples from across southern Africa for assessment and intervention • Self-evaluation questions

### Recommended for

Students and educators in health sciences (medicine, nursing, physiotherapy, occupational therapy, social work, etc.) at universities and nursing colleges.

### The authors

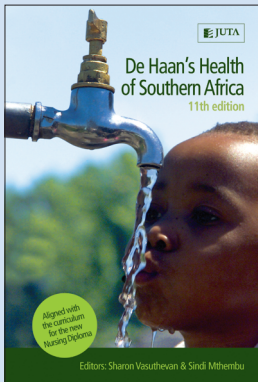
*Adele Tjale* is a lecturer in the Department of Nursing Education at the University of the Witwatersrand. *Louise de Villiers* is a senior lecturer in the Department of Health Studies at the University of South Africa.



2004  
296 pages  
Soft cover  
Printed 9780702163999  
WebPDF 9780702195785  
**R369.00**



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## De Haan's Health of Southern Africa

*S Vasuthevan & S Mthembu*

Now in its eleventh edition, *De Haan's Health of Southern Africa* has been updated so that it is aligned with new as well as legacy nursing qualifications, and remains a 'must-have' source of information. Text on the Sustainable Development Goals, antimicrobial stewardship and infection control practices surrounding Ebola have been added. The three chapters on environmental health have been revised and strengthened. All content focuses on the situation in southern Africa and the local burden of disease.

An expanded team of specialist authors has brought new insight to this book and has ensured that this edition meets the requirements of current nursing education programmes while addressing the community needs of the people of South Africa.

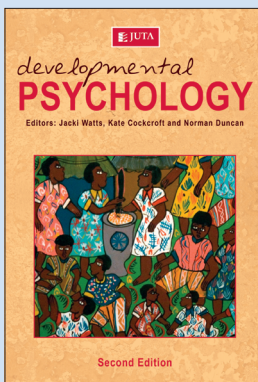
### Key features

A chapter on genetics linked to photographs on the Juta website which illustrate the conditions described • A chapter on non-communicable diseases/diseases of lifestyle and the southern African disease profile • A new focus on infection control and the concept 'bundles of care' to reinforce these important aspects • A support site with resources for lecturers and students to enrich the teaching and learning experience

### About the authors

*Dr Sharon Vasuthevan* and *Dr Sindi Mthembu* have contributed their individual specialist knowledge of both nursing education and community health. *Dr Vasuthevan* is currently the Group Nursing Executive for a private hospital group and *Dr Mthembu* is the Principal of the KwaZulu-Natal College of Nursing in Pietermaritzburg.

11th edition 2015  
280 pages  
Soft cover  
Printed 9781485102366  
WebPDF 9780702197086  
**PRICE TBA**



## Developmental Psychology

*J Watts, K Cockcroft & N Duncan*

The first edition of *Developmental Psychology* offered a predominantly theorist approach to understanding psychosocial, psychoanalytic and cognitive aspects of human development, aimed at an undergraduate market. This is a unique combination, not typically offered in other undergraduate developmental psychology textbooks, which tend to adopt a lifespan approach to the topic. The first edition included limited writing on a South African perspective. The revised edition retains the existing content, but is aimed at a wider readership base, including postgraduate students and practitioners in the field. Some original, South African research has also been added where appropriate to indicate the application of the theory in the South African context.

### Key features

A series of practical thinking tasks, case studies and applied exercises engage and challenge students, and help them to relate the subject to everyday life • Various interest boxes, numerous recommended readings and extensive glossary terms develop a broad and diverse understanding of the discipline of developmental psychology • Over 100 photographs and more than 35 illustrations and diagrams complement and animate the text and design, and ensure that real people do not get lost in theoretical discussion

### The editors

*Jacki Watts* and *Kate Cockcroft* lecture in the Department of Psychology, University of the Witwatersrand.

2nd edition 2009  
640 pages  
Soft cover  
Printed 9781485102274  
**R498.00**



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# Dimensions of Healthcare Management

*M Bezuidenhout (Revising Editor)*

*Dimensions of Healthcare Management* is the well-known and established source of management information healthcare professionals have come to trust. This third edition has been thoroughly revised to include the latest information in the field, with a new chapter on Project Management and special attention paid to the chapters on Information Systems and Finance. All the relevant legislation has been updated.

The text applies universal principles and components of management and leadership, as well as popular modern theories and approaches, to the healthcare environment. It also addresses the unique needs of a manager in the healthcare environment with topics such as assignment of nursing staff and patient classification. There is in-depth focus on human resources issues, such as recruitment, staff development, leadership, absenteeism, motivation and staff turnover. Every manager knows that managing an organisation's greatest asset – its people – is a very important part of her or his portfolio.

*Dimensions of Healthcare Management* – third edition is suitable for all students of Healthcare Management and is particularly relevant for undergraduate/basic nursing students as it covers the management component in the new nursing qualifications framework. The book will travel easily from the classroom to the practitioner's office, where it will become the textbook the healthcare manager will refer to daily.

## The revising editor

*Professor Marthie Bezuidenhout* has served in various senior management positions in both the clinical field and academic institutions. She has been the head of a renal dialysis and transplantation unit in Melbourne Australia, served as vice-principal responsible for clinical teaching at the SG Lourens Nursing College, was head of the Department of Health Studies at the University of South Africa, and of late manages a multi-million rand project for the Tshwane University of Technology. She has contributed to several text books (13 in total) focusing on management, leadership and labour relations, has published articles in accredited scientific journals, and has supervised and promoted a large number of postgraduate, master's and doctoral students.

# Disaster Medicine

*L Wallis & W Smith*

Disasters can strike anywhere on the planet, but are most damaging in developing countries where they can rapidly overwhelm local coping mechanisms. *Disaster Medicine* covers all the critical aspects necessary to deal with any type of man-made or natural disaster. The text has been written by a team of experts in this field, who have drawn on their years of experience to produce a comprehensive but user-friendly book.

## Contents

### Chapter 1: Introduction

Legal framework • Terminology • Ethical issues • Risk assessment and estimates • Research in disaster medicine

### Chapter 2: Major incident management in the pre-hospital environment

Planning • Command • Communication • Safety • Search and rescue • Triage • Treatment • Transport • Equipment • Training and exercises

### Chapter 3: Major incident management in the hospital environment

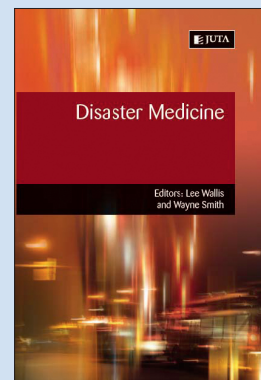
Planning • Command • Communication • Safety • Triage • Definitive care • Discharge and reuniting • Equipment • Training and exercises

### Chapter 4: Internal major incidents in the hospital environment

Internal major incidents • Essential supplies disruption • Interruption in human resources • Surge capacity • Hospital bomb threats • First in a healthcare facility • Evacuation of healthcare facilities • Areas of special concern



3rd edition 2014  
540 pages  
Soft cover  
Printed 9781485102045  
WebPDF 9781485104049  
**R476.00**



2010  
220 pages  
Soft cover  
Printed 9780702186707  
WebPDF 9780702196164  
**R285.00**

### Chapter 5: Mass gatherings

Types of disasters • Natural disasters • Man-made disasters • Hospital surge capacity • Humanitarian operations • Nutrition

### Chapter 6: Disasters

Post-disaster medical support • Public health • Children in disasters • Volunteer management • Mass fatalities

### Chapter 7: Challenges

VIP visits • Dealing with the media and public information • Field treatment facilities (field hospitals) • Mass patient evacuations • Civil/Military health co-operation

### Chapter 8: Special incidents

Burns • Terrorism • Nuclear • Biological • Chemical & hazardous material (including mass poisonings) • Communicable diseases • Vulnerable groups

### Chapter 9: Equipment lists

Recommended equipment

### Recommended for

All healthcare professionals working in the field of emergency care • Doctors specialising in Emergency Medicine • Nurses specialising in Emergency and Trauma

### The editor

*Professor Lee A Wallis* is Head: Division of Emergency Medicine, Stellenbosch University and University of Cape Town and Head: Emergency Medicine, Provincial Government of the Western Cape. *Dr Wayne Smith* is the Head: Disaster Medicine (A Division of Emergency Medicine), University of Cape Town.

## Essential First Aid

– Manual for Southern Africa

*The South African Red Cross Society*

*Essential First Aid: Manual for Southern Africa* has been updated to bring it in line with the unit standard 119567. In so doing, this new edition provides everything needed to act effectively in medical and first aid emergencies. Written by a team of experienced Red Cross first aid trainers, the manual teaches how to recognise emergency situations and medical conditions, and offers guidance in providing first aid treatment.

### New features of the 2nd edition:

Includes sections on anatomy and physiology and emergency childbirth • Updated CPR protocols • Each module has a self-assessment and scenario section • Each module has a signs, symptoms and treatment feature • Variations for infants and children • Over 200 illustrations • Simple and clear language, user-friendly design

### Contents

The principles of first aid • Module 2: Action in an emergency • Elementary anatomy and physiology • Multiple casualties and injuries • Major first-aid techniques • The recovery position • Asphyxia • Wounds and bleeding • Shock • Burns • Environmental conditions • Bites and stings • Poisons • Dressings and bandages • Fractures, dislocations and soft-tissue injuries • Spinal injury • Moving the casualty • Emergency childbirth • Index

### Recommended for

Anyone who wants to keep a first aid book in the home, office, classroom • Levels 1–3 First Aid courses • First aid courses run in nursing colleges and medical schools



2nd edition 2010  
180 pages  
Soft cover  
Printed 9780702180583  
**R152.00**

# Essentials of Medical Physiology

*K Sembulingam & P Sembulingam*

*Essentials of Medical Physiology* is a comprehensive, accessible text that covers the basic principles of medical physiology. It is completely up-to-date and includes information on the latest findings in physiology. The text has been beautifully designed and illustrated, and chapters present information in an easy-to-follow and logical style. This well-received and accepted text, in its fourth edition, has had the benefit of feedback from both lecturers and students.

## Contents

Includes 177 chapters split into the following main topics: General physiology • Blood and body fluids • Muscle physiology • Digestive system • Renal physiology and excretion • Endocrinology • Reproductive system • Cardiovascular system • Respiratory system • Environmental physiology • Nervous system • Special senses

## Key features

Clear language style that simplifies a challenging subject • Numerous clear line drawings to enhance the learning process • Full colour throughout to clarify the drawings

## Recommended for

Medical and dental students • Students in the allied health subjects, such as physiotherapy, occupational therapy, pharmacology, as well as speech and hearing

## Distribution rights

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## The authors

*Professor K Sumbulingam* (PhD) and *Professor P Sumbulingam* (PhD) have over 40 years of teaching experience between them. They have lectured in physiology at various institutions over the years, but are currently based at Sri Manakula Vinayagar Medical College and Hospital, Pondicherry, India.

# Ethics in Healthcare

*A Oosthuizen & D van der Wal (Editors)*

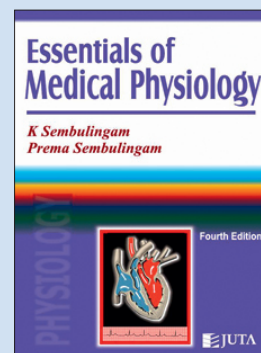
*'You, the reader, whoever you are, are not a complete novice in ethics. You understand the meaning of 'good' and 'bad' and 'right' and 'wrong', and you know that some actions are right while others are wrong and that some things are good while others are bad. These aspects are precisely what ethics as a subject of systematic study deals with' —(Ewing, 1995).*

Now in its third edition, updated and expanded, *Ethics in Healthcare* approaches the topic of ethics from the perspective of the nurse and offers a viewpoint on the many ethical questions he or she has to deal with every day.

This established and accessible text takes a fresh look at the question of cultural diversity and explains why the profession of nursing has to adhere to a common value system. A brand new chapter covering the teaching of ethics has been added to explore the question of the moral development of the student.

To ensure the book remains up to date and to improve accessibility, chapters have been rearranged and new content added throughout. The core principles and content of the book remain, divided into the following sections:

- Foundations of ethics
- Rights and relationships in nursing practice
- Ethics, culture and religion
- Ethics and selected healthcare areas.



4th edition 2008  
992 pages  
Soft cover  
Printed 9780702177385  
**R683.00**



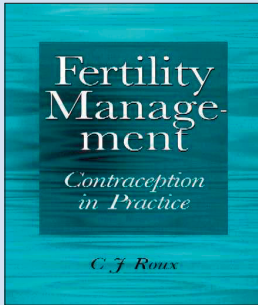
3rd edition 2011  
416 pages  
Soft cover  
Printed 9780702188961  
WebPDF 9780702189432  
**R295.00**

### Recommended for

No student or practising nurse should be without a copy of *Ethics in Healthcare*.

### The editors

*Anne-Mart Oosthuizen* is an associate professor in the Department of Health Studies at the University of South Africa. *Dirk van der Wal* is a senior lecturer in the Department of Health Studies at the University of South Africa.



2nd edition 1995  
157 pages  
Soft cover  
Printed 9780702132544  
**R260.00**

## Fertility Management

– Contraception in Practice

*CJ Roux*

### Contents

Preface • Foreword • Abbreviations • Introduction: review • Demography • Physiology • Hormonal contraception • Non-hormonal contraception • Intrauterine contraception • Sterilisation • Abortion • Postcoital contraception (emergency contraception) • The adolescent • Contraception for special conditions • Contraception in the future • Acquired Immune Deficiency Syndrome (Aids) • Legal aspects • Infertility • Update • Index

### The author

*CJ Roux* is an experienced doctor and former Head of the Family Planning Unit at Tygerberg Hospital, Cape Town.

## Fundamentals of Research Methodology for Healthcare Professionals

*HI Brink (Revised by C van der Walt & G van Rensburg)*

*Fundamentals of Research Methodology for Healthcare Professionals* examines the vital role research plays in the improvement of health sciences practices.

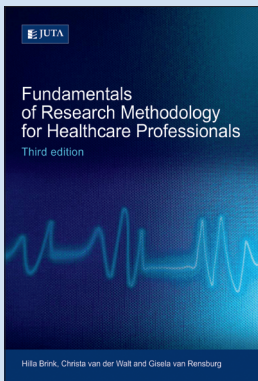
This third edition of *Fundamentals of Research Methodology for Healthcare Professionals* has been completely revised and updated to incorporate the latest trends in research methodology and evidence-based practice. It details the steps involved in planning and undertaking a research project, from identifying and formulating the problem through to reporting findings. It underscores the importance of a clear understanding of research methodology and terminology in order to read research reports with the critical insight necessary to structure and implement evidence-based practice and to expand research further. This edition is certain to stimulate awareness of the myriad researchable and research-requiring questions encountered daily in health practice.

### Contents

Orientation to health sciences research • Research and theory • Ethical considerations in the conduct of health sciences research • An overview of the research process • Selecting or identifying research problems • The literature review • Refining and defining the research question or formulating a hypothesis and preparing a research proposal • Quantitative research • Non-traditional and qualitative research designs • Sampling • Data collection • Data quality • Data analysis • Research reports and report evaluation

### Key features

Clearly defined learning objectives to indicate the focus of each chapter • Chapter summaries to reinforce learning • Exercises to put the theory into practice • A practical, hands-on introduction to research methodology



3rd edition 2012  
240 pages  
Soft cover  
Printed 9780702186899  
WebPDF 9780702195815  
**R304.00**

## The authors

*Christa van der Walt* was Associate Professor in the School of Nursing Science at North-West University. *Gisela van Rensburg* is Professor in the Department of Health Studies at the University of South Africa. Christa and Gisela have extensive experience in tertiary education and research. They are indebted to the founding author of *Fundamentals of Research Methodology for Healthcare Professionals*, the late Professor Emeritus *Hilla Brink*.

# Healthcare Service Management

*M Muller, K Jooste & M Bezuidenhout*

This updated and improved edition of *Healthcare Service Management* presents the latest best practice guidelines related to the management of a healthcare organisation. The text examines aspects of management that are specific to healthcare institutions, including health-related legislation, common law and ethics. In addition to fulfilling the needs of the nursing student and lecturer, it will serve as a reference on healthcare service management for any practising manager.

## Contents

Management of a healthcare organisation • Strategic management of a healthcare organisation • Selected management models and theories • Dimensions of functional management in a healthcare organisation • Change management in a healthcare organisation • Communication management in a healthcare organisation • Marketing of a healthcare organisation • Healthcare service planning and commissioning • Management of HIV and AIDS • Nature and scope of human resource management • Planning and provision of human resources • Maintenance of human resources • Utilisation of human resources • Performance management and development of human resources • Fair labour practice • Leadership in healthcare service management • Financial management of a healthcare organization • Risk management in a healthcare organisation • Quality improvement models in a healthcare organisation • Continuous quality improvement in a healthcare organisation • Glossary • References • Index

## Key features

This new edition pays particular attention to accessibility with an improved content listing, index and clear subject headings. In addition, new content is included on: The legal, ethical and professional framework of healthcare service management, including the management of HIV/AIDS • The King III Corporate Governance report • The latest general management theories, including information on conflict management, motivation, assertiveness, problem-solving, performance appraisals, budgeting, financial terminology and managerial accounting.

## Recommended for

Healthcare professionals (community/primary healthcare), secondary (district) • Tertiary managers at all levels of health service provision • Academic subject specialists • Executive/corporate healthcare service managers

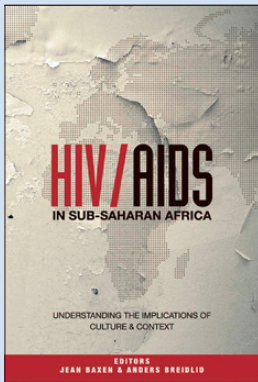
## The authors

*Marie Muller* is the first professional nurse in South Africa to be appointed to the position of Registrar at a comprehensive tertiary institution (University of Johannesburg); she has extensive expertise in corporate governance. *Karien Jooste* is a professor in the Department of Nursing at the University of Johannesburg; she has national and international involvements related to nursing management and leadership. *Marthie Bezuidenhout* is a professor and Head of the Department of Health Studies at the University of South Africa. Her areas of interest are health services management, leadership development and labour relations.



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160 pages  
Soft cover  
Printed 9781919895185  
WebPDF 9781920499822  
**R287.00**  
e-Book 9781919895772  
**R229.00**

## HIV/AIDS in Sub-Saharan Africa

– Understanding the Implications of Culture and Context

*J Baxen & A Breidlid*

Popular understanding of the HIV/AIDS pandemic in Sub-Saharan Africa is riddled with contradiction and speculation. This is revealed in *HIV/AIDS in Sub-Saharan Africa*, which explores the various contexts in which debate about HIV/AIDS takes place and examines how the pandemic is perceived by scholars, religious leaders and traditional healers, among others – in communities in and around South Africa. Using a social theory lens, the book focuses on not only the cultural and contextual practices, but also the methodological and epistemological orientations around HIV/AIDS in education that shape community and individual interpretations of this disease.

The book avoids a simplistic approach to the pandemic, by exploring the complex and sometimes contradictory spaces in which HIV/AIDS discourse are negotiated, and thus goes some way to present a more hermeneutic profile of the HIV/AIDS problem. *HIV/AIDS in Sub-Saharan Africa* is as much about identity construction as it is about HIV/AIDS. The authors recognise the interrelatedness of sex, sexuality, identity and HIV/AIDS in the shaping of individual and collective identities and have thus gone beyond merely asking questions about what people know.

### Recommended for

Students, lecturers and researchers in education, psychology and sociology • Those involved in social activism, health or community work, will find this book stimulating

### The editors

*Dr Jean Baxen* is Associate Professor at the Faculty of Education, Rhodes University, where she teaches courses on HIV/AIDS and social identity, research methodology and contemporary policy reform. *Professor Anders Breidlid* is Professor of International Education at Oslo University College, Norway, and has conducted research in South Africa, Sudan, Cuba and Chile. He headed, with Jean Baxen, a National Research Foundation-funded research project on Cultural Values, HIV/AIDS and Education, which resulted in this book.



2008  
96 pages  
Soft cover  
Printed 9780702177200  
**R173.00**

## Infection Control made Easy

– A Hospital Guide for Health Professionals

*A Minnaar*

Infection control is the responsibility of each and every healthcare worker, particularly in an environment in which new diseases are continually emerging. Healthcare professionals need accessible information in order to contain infections, as well as protect themselves against infective diseases. *Infection Control Made Easy: A Hospital Guide for Health Professionals* is a practical, accessible set of principles and guidelines which will improve the quality of patient care in hospitals.

Infection control is a vital part of risk management in any health service environment. Hospital acquired infections remain an important issue in hospitals, the cost and control of which are difficult to measure.

This book will be an invaluable resource for healthcare professionals in the ongoing campaign to limit infections and safeguard both the patient and the caregiver. *Infection Control Made Easy: A Hospital Guide for Health Professionals* is part of a series of books aimed primarily at the registered nurse wishing to continue with his or her professional development. Each book covers one important topic and has been written by a specialist in that field. The series follows a consistent format and covers issues such as key ethical and legal considerations, relevant legislation, case studies and practical applications.



### The author

*Ansie Minnaar* was senior lecturer at the Department of Nursing Education, University of the Witwatersrand. She was responsible for postgraduate teaching in health services management, including infection control and research methodology. Her research areas include caring for the caregivers, supervision in health services, job satisfaction, intensive care, infection control and HIV/AIDS issues.

## Integrative Health

*N van Wyk (Editor)*

Curricula in nursing, physiotherapy, occupational therapy, human nutrition and medicine have to include modules on integrative healthcare in the pre-registration programmes (degree and diploma programmes), in order to educate prospective health professionals with regard to the basic principles of integrative healing (complementary and alternative practices).

Modules on alternative healing will be included in the pre-registration curriculums in order to educate health professionals with regard to the basic principles of traditional healing, herbalism, reflexology and aromatherapy. The integration of alternative allied health professions into the healthcare team is also encouraged in the human resources plan. No other textbook on integrative healthcare that includes the principles of traditional healing is currently available to be used in the training of nurses, doctors and allied health professionals at universities and colleges.

### Contents

Integrative healthcare: Principles and descriptions • Sickness and healing in Africa: A religious perspective • Traditional health practice • Ethics • Integrative healthcare and legislation • Fundamentals of eating behaviour: Increasing awareness and enhancing understanding of integrative healthcare • Healing modalities related to natural therapies • Healing modalities related to manual therapies

### Key features

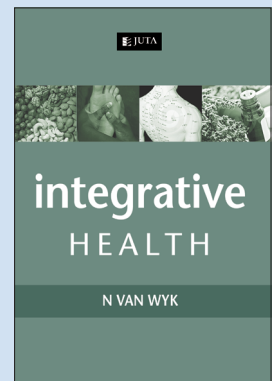
Provides prospective health professionals with the basic principles of integrative healing (complementary and alternative practices) • No other textbook with a South African perspective on this topic is available at present • Includes information on a range of complementary and alternative practices, such as aromatherapy and chiropractic • Incorporates legislation so can be used as a reference text • Integrated healthcare curriculum available to prescribing institutions

### Recommended for

Undergraduate students (medical, nursing, occupational therapy, physiotherapy, radiography and human nutrition) studying integrated health care. The content will be sufficient for a semester module.

### The editor

*Professor Neltjie van Wyk* headed the Department of Nursing Science from 1998 to 2010 and was also elected to head the School of Healthcare Sciences at the University of Pretoria. She manages a module in integrative healthcare and nursing for the undergraduate programme.



2009  
304 pages  
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**R267.00**



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# Introduction to Health Services Management

– For the unit manager

*K Jooste & N Sibiya (Editors)*

A health services unit manager needs to deal with a wide range of tasks every day, ranging from compiling a duty roster or writing a unit procedure to drawing up an emergency plan, preparing an annual budget and answering legal questions. The unit manager must also be able to manage a team of healthcare professionals, lead and motivate the team and organise the unit so that it functions effectively and in line with the institution's vision and mission.

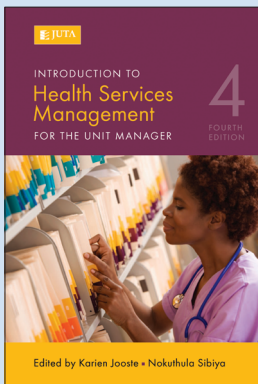
Now in its fourth edition, *Introduction to Health Services Management* for the Unit Manager, has been updated in the following ways:

- There are new chapters on Leadership, Clinical Governance and Disaster Preparedness.
- The chapters on the four components of the management process have been thoroughly updated.
- The content addresses the legacy qualifications and the new qualifications for Staff and Professional Nurses.
- The processes described are aimed at improving efficiencies to reduce the cost to patients and healthcare institutions alike.
- All the forms displayed in the book are available for download at [www.jutaacademic.co.za](http://www.jutaacademic.co.za).

The student nurse or practising healthcare unit manager will find this book a valuable source of information.

### About the editors

*Karien Jooste* is a Professor at the University of the Western Cape and Honorary Professor at the University of Swansea in Wales and The International University of Management, Namibia. Her field is healthcare and leadership with a specific focus on self-leadership. She is currently the Africa editor of the *Journal of Nursing Management* and one of the professional editors of *Health SA Gesondheid*. *Nokuthula Sibiya* is an Associate Professor and Head of Department of Nursing at the Durban University of Technology. She teaches nursing management at post-basic level and is actively involved in supervising postgraduate students who conduct research on health systems.



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WebPDF 9780702195983  
**R474.00**



# Introduction to Psychology

*L Nicholas (Editor)*

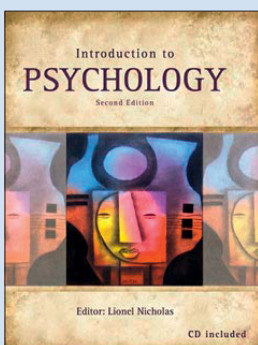
This new edition of *Introduction to Psychology* has been comprehensively revised, reorganised and updated. Every chapter has new material, new illustrations and photographs – which are incorporated into the accompanying CD-Rom (as well as multiple-choice questions and answers, and chapter-by-chapter PowerPoint slides). The chapter on sensation and perception includes a full-colour section for the accompanying artwork.

### Contents

Introduction to psychology • Research and statistics • Biological bases of behaviour • Sensation and perception • Learning • Cognitive processes • Intelligence and psychological testing • Psychopathology • Psychotherapy • Personality • Developmental psychology • Social psychology • Community psychology • Industrial psychology • Sexuality • Health

### Key features

An expanded chapter on the history of psychology, with illustrations of the major figures in psychology internationally and in South Africa • A completely revised personality chapter includes a systems framework for personality as well as evolutionary personality theory Personality tests and South African applications are included • An expanded psychotherapy chapter includes other modes of therapy, eg group family and play therapy • The sexuality chapter includes the latest HIV/Aids updates, new



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424 pages  
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Printed 9781919895024  
**R525.00**

case material and South African research relevant to student lives • A new chapter on research and statistics by statistician, Professor K Dumont • The community psychology chapter includes case study materials to illustrate its theoretical foundations • Three additional theoretical approaches to learning are introduced: the social cognition learning model, the constructivist approach to learning and the theory of multiple intelligences

## Introduction to the Operating Theatre, An

– For Nurses and Operating Theatre Practitioners

*J van Hirtum*

For the healthcare professional, the operating theatre is a highly specialised environment. One reason for this is the pace at which theatre cases proceed. However, it is also an exciting and challenging environment and can be extremely rewarding. *An Introduction to the Operating Theatre for Nurses and Operating Theatre Practitioners* will provide the student with the foundational knowledge necessary to make the first experience in theatre a meaningful one.

The primary objective of the book is to assist the student to become a safe practitioner and a valuable part of the multi-disciplinary team that works within the theatre. This objective can only be achieved through sound intra-operative competencies that place the patient at the centre of any activity.

### Key features

Explains the importance of sound infection control practices and why these are necessary, in order to train safe practitioners • Discusses the specific ethical and legal issues relevant to theatre practice, so that the student is well prepared • Explains the reasons for the different areas of the theatre and the appropriate clothing to wear in each, to reduce the possibility of contamination and cross-contamination • Provides a sound introduction to anaesthesia so that this subject is not overlooked

### Recommended for

Written as an introduction to the topic, *An Introduction to the Operating Theatre for Nurses and Operating Theatre Practitioners* is suitable for all levels of study. It is hoped that this introduction will challenge the student to study further in this specialised area.

### The author

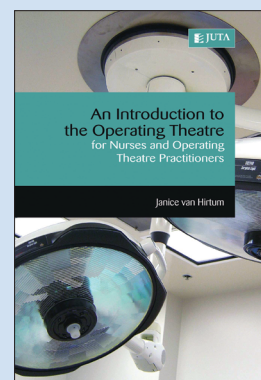
*Janice van Hirtum* is a Registered Nurse and Midwife, with diplomas in Orthopaedic Nursing and Operating Theatre Technique. She worked for many years as a scrub nurse and later as a theatre manager. Janice also worked as a nurse educator for 8 years, lecturing post-basic students. Janice is currently employed in the private healthcare sector.

## Juta's Clinical Guide for Midwives

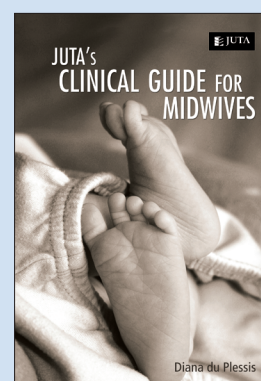
*D du Plessis*

The midwife is seen as instrumental in the delivery of safe maternity care to the women in South Africa. Yet, to remain competent, midwives should have resources to update and evaluate their skills. *Juta's Clinical Guide for Midwives* has been written from a southern African perspective and with this market in mind.

There is a widely shared belief that maternal and neonatal outcomes would improve when highly specialised staff utilise advanced technology. The reality is that many conditions can be prevented or treated without sophisticated and expensive technology. What is required is essential care during pregnancy, labour, birth and the neonatal period, rendered by a person with midwifery skills. This text is a concise clinical manual to help the midwife maintain and improve those skills.



2012  
110 pages  
Soft cover  
Printed 9780702189777  
WebPDF 9780702195709  
**R120.00**



2007  
320 pages  
Soft cover  
Printed 9780702172847  
WebPDF 9780702197345  
**R287.00**

## Contents

**Section 1–Ante-natal:** Amniocentesis • Aromatherapy massage • Breast self exam • Auscultating fetal heart rate • Deep tendon reflexes • Pelvic assessment • Symphysis-fundal measurement • Vaginal examination

**Section 2–Second and third stages:** Apgar scoring • Cord prolapse • Examination of placenta • Episiotomy • Immediate management of the newborn • Management of a normal delivery • Preparing for a water birth • Shoulder dystocia • The partogram

**Section 3–Post-natal:** Admission of the baby to the nursery • Assessing gestational age • Assessing lochia and management post-partum haemorrhage • Bathing a baby • Care of engorged breasts • Determination of blood glucose levels • Growth measurements • Head circumference • KMC • Nasal pharyngeal suctioning • Nasogastric feeding • Perineal assessment • Post partum assessment of the uterine fundus • The incubator and radiant warmer • The infant receiving phototherapy

## Recommended for

Undergraduate nursing students following the comprehensive four-year training programme in which midwifery is an integrated part • Practising midwives • Midwives wishing to update their clinical skills • Medical practitioners

## The author

*Dr Diana du Plessis* left the University of Johannesburg at the end of 2010 and now manages a private midwife obstetric unit in Johannesburg. She continues to participate in academe as a consultant, author and researcher.

# Juta's Complete Textbook of Medical-Surgical Nursing

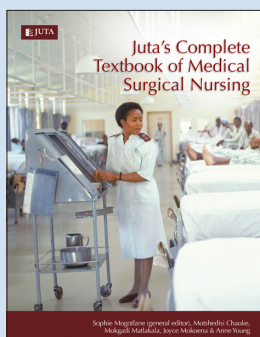
*S Mogotlane (General Editor), M Chauke, M Matlakala, J Mokoena & A Young*

*Juta's Complete Textbook of Medical Surgical Nursing* is a comprehensive, evidence-based textbook written with the southern African nursing student in mind. The text meets the requirements of current nursing programmes and the proposed updates to the curriculum.

The book covers all the systems in the human body with comprehensive information on the most important conditions that can affect these systems. Chapters provide an overview of the anatomy and physiology of each system and detail risk factors, nursing assessments and common findings. These include the collection of both subjective and objective data as well as management principles for each condition.

## Contents

Applicable concepts in nursing practice • Practising nursing within a culturally diverse society • Biopsychosocial needs • Safety in nursing practice • Hygiene and grooming needs • Nutrition needs • Elimination need • Comfort, rest and sleep needs • Homeostasis • Mobility and exercise needs • Temperature regulation need • Competencies of the professional nurse • The nursing process • Symptoms management • Multiple trauma and emergency care • Introduction to the disorders associated with cells and tissues • Oncology nursing care • Introduction to specific disorders of the immune system • Management of the patient with HIV and AIDS • Preoperative nursing • Intraoperative nursing • Postoperative nursing • Introduction to the disorders of the renal system • Management of the disorders of the upper urinary tract • Management of the disorders of the lower urinary tract • Management of the disorders of the female reproductive system • Management of the disorders of the breast • Management of the disorders of the male reproductive system • Introduction to the disorders of the respiratory system • Management of the disorders of the respiratory system • Management of chronic obstructive pulmonary disorders • Introduction to the disorders of the cardiovascular system • Management of the disorders of the heart and related structures • Management of coronary artery disease • Management of the disorders of the blood vessels • Management of the disorders of the haematological system • Management of the disorders of the lymphatic system • Introduction to the disorders of the gastrointestinal system • Management of disorders of the upper gastrointestinal tract • Management of disorders of the lower gastrointestinal tract • Management of disorders of the



2013

1 215 pages

Soft cover

Printed 9780702189012

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**R974.00**

accessory organs of digestion • Management of disorders of the endocrine system • The management of diabetes mellitus • Introduction to disorders of the nervous system • Management of disorders of the nervous system • Introduction to the disorders of the musculo-skeletal system • Management of specific disorders of the musculo-skeletal system • Introduction to the disorders of the integumentary system • Management of disorders of the integumentary system • Management of a burn injury • Management of the disorders of the ear, nose and throat • Management of the disorders of the eye and vision • Management of the elderly patient

### Key features

Clear medical drawings that illustrate anatomical structures, to introduce each system and its functions • Summaries and text boxes to highlight considerations in practice • Explanatory, easy-to-read text that encourages critical thinking • General and specific nursing care plans for all major conditions which summarise nursing diagnoses and interventions for quick reference • Student activities to reinforce learning at the end of each chapter

### Recommended for

It is suitable as a prescribed textbook for nursing students registering in any of the following categories: Enrolled Nurse, Registered Staff Nurse, and Registered Professional Nurse.

### The authors

*Sophie Mogotlane* is Emeritus Professor and a Research Fellow in the College of Human Sciences at the University of South Africa. *Joyce Mokoena* is a senior lecturer at the University of Limpopo, Medunsa Campus. *Motshedisi Chauke* is a lecturer in the Department of Health Studies, University of South Africa. *Mokgadi Matlakaka* is a lecturer in the Department of Health Studies, University of South Africa. *Anne Young* is the former Academic Head, Post-Basic Department, Chris Hani Baragwanath Nursing College.

## Juta's Counselling Handbook for Healthcare Professionals

*R Hamilton & N Dinat*

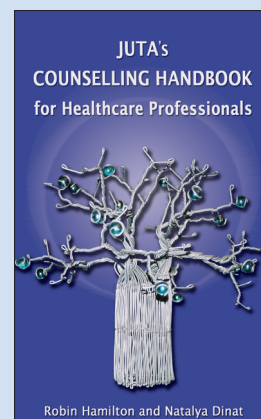
It is increasingly being recognised that providing healthcare professionals with sound clinical and medical knowledge is inadequate unless accompanied with training in basic communication and counselling skills. These generic skills do not apply only to particular situations, such as history taking and intake interviews. Rather, they can be utilised in a range of situations across the health services, to improve communication with patients, help the health professional get across key messages to patients, enable health professionals to have a more empathic understanding of the emotional dimensions of many medical issues, and improve patient adherence to medical regimens.

*Juta's Counselling Handbook for Healthcare Professionals* is a response to the need to help healthcare practitioners develop and apply counselling and communication skills. The handbook comprises three parts. The first section outlines some essential principles of communication that will be useful in most interactions between the health professional and the patient. The second section describes basic generic principles of counselling, and provides counselling theory and practical examples of how to apply the principles in real situations. Hence the focus falls on the development and practice of skills. This section also suggests how to use counselling skills in brief interactions with patients (described as helping encounters). The third section describes the application of counselling skills to specific situations in a medical setting. Examples include how to talk to patients about treatment options, how to give a patient and family members bad news, and how to conduct genetic counselling for prospective parents.

### Contents

**Core communication skills:** Communication skills • Information giving • Behaviour change • Using an interpreter • Power dynamics • Errors in communication

**Core counselling skills:** Counselling and psychotherapy • Ethics of counselling • Developing self-awareness • A generic counselling model • Contracting • Examples of contracts • Listening and attending • Reflection • Clarifying • Summarising • Appropriate challenging • Partialising and problem solving • Reviewing, referring and terminating • Support and supervision



2006  
144 pages  
Soft cover  
Printed 9780702172755  
WebPDF 9780702196263  
**R215.00**



**Section C – Specific situations requiring counselling:** Obtaining informed consent • Stopping smoking • Communicating bad news • Talking about sexuality • Communicating effectively with children and adolescents • Talking to intellectually impaired patients • Counselling for HIV testing • Risk reduction counselling for HIV/Aids • Containing traumatised patients • Suicide • Counselling patients on treatment options • Genetic counselling • Death, loss and grieving

**Reference list**

**Resource list**

### Key features

Emphasises the practical application of theory • Includes text boxes entitled 'Tips', which describe briefly how to deal with the issue under discussion • Includes text boxes entitled 'Common pitfalls to avoid', which highlight the most frequent errors made in dealing with the issue in question • Enables health professionals to apply their skills to practical situations • Provides examples of dialogue to illustrate the use of counselling skills in real-life settings • Emphasises the importance of providing counselling that is sensitive to context and differences – not only of race and language, but also of social class, gender, spiritual belief, political affiliation, sexual orientation, literacy and educational level

### The authors

*Robin Hamilton* is a clinical psychologist, and co-ordinates the TB/HIV training programme at the Aurum Institute in Johannesburg. *Natalya Dinat* is Head of the Palliative Care Division, in the Faculty of Health Sciences at the University of the Witwatersrand.

## Juta's Manual of Nursing (Volume 1)

*N Geyer, SM Mogotlane & A Young*

Completely updated to include the latest developments in the field of Nursing Science, the second edition of *Juta's Manual of Nursing Volume 1* covers the topics required for both Fundamental and General Nursing Science; this makes it suitable for the categories of Nursing Auxiliary, Staff Nurse and for the fundamentals of nursing for professional nurses. *Juta's Manual of Nursing Volume 1* has a strong community-based focus. It introduces the nurse to the fundamentals of nursing and is extremely practical, encouraging problem solving both in the clinic and in the community. Each chapter has tutorial-type questions to stimulate discussion and personal research.

### Contents

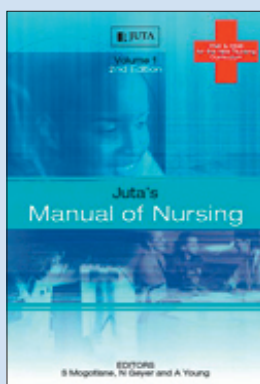
A new chapter covering Informatics • Practising nursing within the South African legal and ethical frameworks • Bio-psychosocial needs • Practising nursing within a culturally diverse society • Community assessment • Home-based care needs, such as oxygen, temperature regulation, mobility, elimination, rest and skin integrity • Pre- and post-operative care

### Key features

This updated edition includes a chapter on the important topic of Informatics • The text is outcomes-based so that students understand the focus of each chapter • Numerous line drawings expand on difficult concepts • It covers the new curriculum, so lecturers can be assured the book will meet their needs • Summaries of key ethical and legal considerations highlight these important aspects in each chapter • The content encourages the development of problem-solving skills so that the nurse can deal with problems as they arise in the community/clinic environment • Self-assessment and discussion topics throughout the text test what has been learnt

### The authors

*Nelouise Geyer* (RN, RM, BA Cur, MA Cur) is the CEO of the Nurses Education Association. *Sophie Mogotlane* (RN, RM, RCHN, Dipl. Nursing Education, Dipl. Paediatric Nursing, BA Cur, MA Cur, PhD) is Emeritus Professor and a Research Fellow in the College of Human Sciences at the University of South Africa. *Anne Young* (RN, RM, Dipl. ICU, Dipl. Nursing Education, BA Cur) is currently Academic Head for post-basic courses based at the Coronation Nursing College.



2nd edition 2009  
800 pages  
Soft cover  
Printed 9780702180323  
**R574.00**

**New edition in preparation**

## Juta's Manual of Nursing (Volume 2)

### – The Practical Guide

*SM Mogotlane (Editor), IM Manaka-Mkwanazi, JD Mokoena, ME Chauke, MC Matlakala & B Randa*

Companion text to *Juta's Manual of Nursing Volume 1: Fundamental and General Nursing* (forthcoming), or *Juta's Complete Textbook of Medical Surgical Nursing*.

Suitable for use in the Staff Nurse, Professional Nurse and Midwifery or Nursing Auxiliary courses, *Juta's Manual of Nursing Volume 2: The Practical Guide* is the 'how to' book in the Juta Nursing range of books. Written in a clear and logical style, nursing procedures are explained in a step-by-step manner to help the student develop competencies to provide quality nursing care. Rationales for actions are always given, so that the student understands the reasons behind specific activities.

Each nursing procedure has the following features:

- Explanation of the procedure
- Learning outcomes
- Learning assumed to be in place
- Indications and contraindications
- Resources required
- Specific guidelines for the particular procedure
- Essential patient teaching
- Critical assessment criteria
- Tips for nurses and/or precautions.

Now in its second edition, additional procedures have been added and where appropriate, the latest evidence-based information added. Care has been taken to explain the integration with related aspects of the nursing curricula. Videos to support some of the skills are available to prescribing institutions.

#### The authors

The author team are all dedicated nursing professionals. They have brought together their practical and theoretical backgrounds to develop this well-researched text to assist in training nurses for the future.

## Juta's Manual of Nursing (Volume 3)

### – Health Care Priorities

*A Young (Editor)*

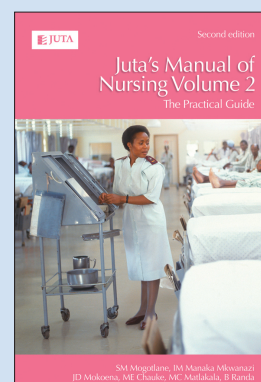
*Juta's Manual of Nursing (Volume 3): Health Care Priorities* is the third book in the groundbreaking *Juta's Manual of Nursing series*. Following the successful format of the first two volumes, *Health Care Priorities* introduces students to the cross-curricular special subjects and healthcare priorities that are covered in the four-year course. The topics covered in the book have been carefully selected to be in line with developments in the nursing qualification and, more broadly, in the healthcare field.

#### Contents

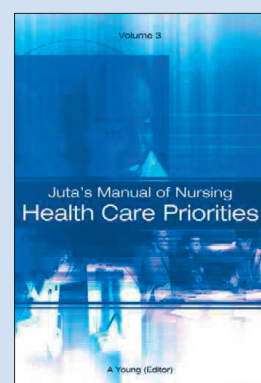
Introduction • Assessing and managing the needs of the elderly/aged client • Assessing and managing the specific needs of women • Assessing and managing the needs of the HIV positive client and the client living with Aids • Assessing and managing the needs of the disabled client • Assessing and managing the needs of the client suffering from a malignant disease • Principles of palliative care for nurses • Assessing and managing the needs of the client suffering from chronic disease • Principles of forensics for nurses • Index

#### Key features

OBE-compliant • Strong community-based focus • Encourages problem solving, in both the clinic and the community • Outcomes-based and problem-based • Case studies • Self-assessment



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2005  
384 pages  
Soft cover  
Printed 9780702166518  
**R416.00**

### Recommended for

Basic nursing students in year 3 of the 4-year nursing qualification (prelude to specialisation courses in year 4).

### The authors

*Anne Young* (Editor) is the Academic Head, Post-Basic Department, Chris Hani Baragwanath Nursing College. The contributors are drawn from across South Africa and are highly respected educators and practitioners. Their years of working and teaching in this field are reflected in this introduction to South Africa's healthcare priorities.

## Juta's Nursing Psychology

– Applying Psychological Concepts to Nursing Practice

*L Middleton, G Nicolson & V O'Neill*

*Juta's Nursing Psychology* is aimed at nursing professionals to enable them to apply psychological concepts to nursing practice and so assist them in their day-to-day contact with patients. It examines human behaviour in a holistic way, and this means considering the whole person: brain, nervous system, personality, stage of life, social relationships and so on. The selection of topics in *Juta's Nursing Psychology* makes this holistic view a reality and includes:

- the biological basis of human behaviour
- human development across the lifespan, including the social context
- psychological approaches to health and ill-health
- an introduction to counselling.

### Contents

Development from conception to the end of childhood • Development from puberty to the end of life • Psychological approaches to personality • Psychopathology • Stress, resilience and coping • Memory and learning • Human behaviour and the social context • The Physiology of Human Behaviour

### Key features

Written in an easy, conversational style that makes the text accessible for second language students

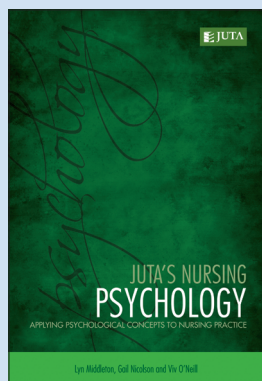
- Numerous, relevant case studies that encourage discussion and explain how psychological theories inform daily nursing practice
- Discussions and short-answer questions at the end of each chapter to further enhance knowledge
- A section on web-based resources for further research at the end of each chapter
- Access to lecturer support material for the busy lecturer

### Recommended for

All nursing students, whether studying for the Enrolled Nurse, Staff Nurse or Registered Nurse qualifications.

### The authors

*Lyn Middleton* obtained a PhD in psychiatric nursing at the University of KwaZulu-Natal. She co-ordinates the mental health stream for the Master's in nursing, lectures in this stream, and facilitates the inter-disciplinary master's module on advanced nursing practice. *Gail Nicholson* initially qualified as an English teacher and later as a clinical psychologist (1990) and as an Educational Psychologist in 1992. She lectured in the School of Psychology at the University of Natal, (now the University of KwaZulu-Natal) and spent four years as the Head of the Child and Family Centre there. She is currently in private practice in Howick, KwaZulu-Natal. *Vivien O'Neill* obtained a master's in Counselling Psychology in 1995 from the University of Natal (now the University of KwaZulu-Natal). She also holds a qualification in the field of Education. She is currently a lecturer at the University of KwaZulu-Natal.



2011  
300 pages  
Soft cover  
Printed 9780702189036  
WebPDF 9780702195839  
**R235.00**



# Juta's Sociology for Healthcare Professionals

E Pretorius, Z Matebesi & L Ackermann

Interaction with patients, their families and colleagues is a core aspect of the daily activities of all healthcare professionals. It is therefore vital for them to have a sound knowledge of why people behave the way they do, why they may behave differently in the healthcare environment and what happens in times of illness and stress. It is also important to understand the external forces that cause the many social problems in South African society and the forces that shape policy decisions relating to healthcare.

To give a deeper understanding of South African society and the sociological perspective, this book:

- Shows how sociological theories relate to the healthcare environment
- Discusses the sociocultural context of southern African society in all its diversity
- Describes some specific social issues and explains their impact on healthcare, such as HIV and Aids, sex work, substance abuse, sexual violence, youth violence, teenage pregnancy, and also child abuse and neglect
- Provides an overview of some of the social contexts in which healthcare is delivered, such as the hospital environment, and describes healthcare systems – other than biomedicine – recognised in South Africa, namely African traditional healing and complementary and alternative medicine (CAM), and
- Explains how government policy influences health and healthcare.

The authors have succeeded in making this a lively and accessible text. Undoubtedly students will want to read further on this fascinating topic.

## The authors

*Engela Pretorius* (General Editor) is Emeritus Professor and research associate at the University of the Free State. She taught sociology to both medical and nursing students for three decades. *Dr Zacheus Matebesi* is Head of the Department of Sociology at the University of the Free State. He has worked extensively on the health-seeking behaviour and socioeconomic impact of pulmonary tuberculosis on the daily lives of patients in the Free State. *Leáne Ackermann* obtained her MSocSc at the University of the Free State, focusing on HIV.

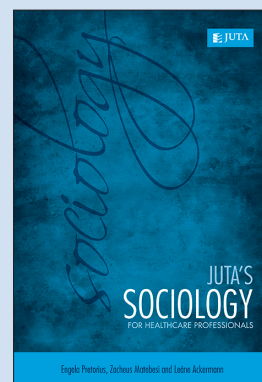
# Leadership in Health Services Management

K Jooste

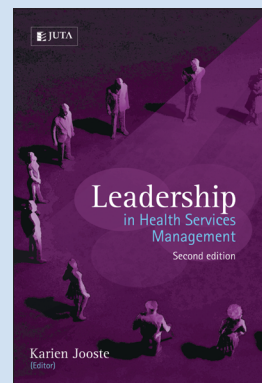
*'The strength of this book lies in its comprehensive nature – it presents both the adaptive side of leadership as well as the technical side. The adaptive aspects are woven throughout the text and deal with values, stewardship and authenticity, which make the reader view the practical aspects of conflict management, negotiation or team building in a different light.'* – Nancy Dickenson- Hazard, Principal, NDH Agency; Former CEO, Honor Society of Nursing, Sigma Theta Tau International; Adjunct Faculty, Indiana University School of Nursing.

This revised and updated edition of *Leadership in Health Services Management* provides the professional with the information necessary to lead with commitment. The reader is guided through crucially important issues such as vision, strategic thinking, confidence, negotiation and knowledge management.

Original South African research has been included as well as the application of the theory for postgraduate readers in studying for a masters certificate or tutored Masters degree according to the new guidelines of the SAQA qualifications. In all new South African curricula and programmes the research component has been prioritised, therefore this edition features a chapter on research proposals.



2012  
314 pages  
Soft cover  
Printed 9780702189043  
WebPDF 9780702197123  
**R309.00**



2nd edition 2009  
526 pages  
Soft cover  
Printed 9780702180347  
WebPDF 9780702195990  
**R465.00**  
**New edition in preparation**

## Contents

Evolution of leadership in healthcare settings • Fundamentals of leadership • Fundamentals of management process • Theoretical approaches to leadership • Leadership development in healthcare services • Authority, influence and power • Executive leadership in a complex healthcare environment • Leadership in teams • Leadership and cultural issues • Effective leadership communication • Empowerment and leadership • Coaching the novice leader • Staff development and leadership in healthcare settings • Ethical issues in leadership • Leadership of human resources in a healthcare environment • Leadership and accreditation of healthcare services • Performance appraisal of leaders • Quality assurance by leaders • Strategic planning and change management in healthcare delivery • Managed care in healthcare provision • Leadership in the District Health System • Authentic leadership • Global leadership • Proposal development

## Key features

Written by a multi-disciplinary author team to ensure the text has a broad application and relevance • Includes a CD with PowerPoint slides and activities to aid the student with implementation of the theories discussed • Includes new chapters on coaching, staff development and performance appraisal to ensure the text is completely comprehensive • Contains a new chapter on research to fulfil the latest curricula requirements

## Recommended for

Postgraduate students in postgraduate diplomas and tutored masters in Leadership • Managed care workers, healthcare professionals, professional nurses undergoing leadership development.

## The editor

*K Jooste* is Professor and Programme co-ordinator in Nursing Management at the Department of Nursing, Faculty of Health Sciences, University of Johannesburg.

# Manual of Nursing

## ME Vlok

The two-volume *Manual of Nursing* is a classic nursing text which broadens the student's scope of knowledge by discussing in-depth aspects of midwifery, critical care nursing, community nursing and psychiatric nursing. Each chapter has introductory notes and self-tests to assist and reinforce learning.

Volumes 1 and 2 complement each other. Volume 1 introduces certain basics of nursing theory and practice and includes a section dealing with nursing-related services. Students will find in Volume 2 the information they need to complete their study of subjects covered in Volume 1. Easy referencing ensures that the set (encapsulating the integrated nursing course) is of immediate and practical use. Volume 2 expands on the material in Volume 1, covering selected specialist subjects. The *Manual of Nursing* is an indispensable set, giving the student nurse and nurse practitioner a comprehensive overview of the diseases commonly encountered in a general hospital. Throughout, it emphasises the need to manage the patient as a bio-psycho-social being.

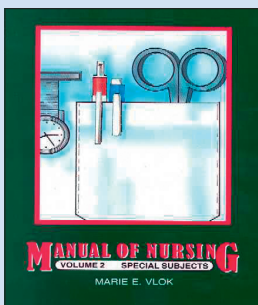
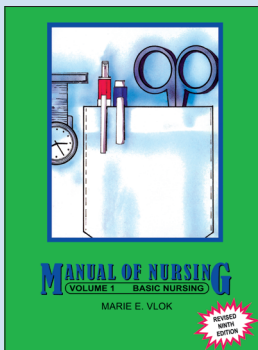
## Contents

### Volume I:

Basic Nursing – The patient • The nurse • Nursing-related services • Theory and practice of clinical nursing • The control of infection in hospitals • Theory and practice of technical nursing • Theory and practice of prescribed nursing care • Index

### Volume II:

Special Subjects – Geriatric (gerontological) nursing • Stomatherapy • Dermatological nursing • Ophthalmological nursing • Ear, nose and throat nursing • Gynaecological nursing • Urological nursing • Basic neonatology • Mothercraft • The sick child • The psychological approach to children in hospital • Orthopaedic nursing • An introduction to oncology: The study of tumours • Haematological nursing: Regulations relating to human blood and blood products • Immunology: Hypersensitivity reactions • Rheumatoid arthritis • Chronic respiratory disorders • Occluding diseases of blood vessels: Antithrombic therapy • Gastroenterology • Index



Volume I: Basic Nursing  
9th edition 1992  
914 pages  
Soft cover  
Printed 9780702120459  
**R546.00**

Volume II: Special  
Subjects  
9th edition 1992  
702 pages  
Soft cover  
Printed 9780702120466  
**R546.00**

## Maternal and Newborn Care

– A Complete Guide for Midwives and other Health Professionals

*J de Kock, C van der Walt (Editors) & CM Jones (Consulting editor)*

*Maternal and Newborn Care* takes an evidence-based practice approach, and covers the entire midwifery curriculum for the 4-year nursing course. Using accessible language, all theoretical and practical issues relating to maternal and newborn care are covered. Written by a team of top midwives, this is a truly African book, relevant to South Africa and other developing countries. Both the healthy and high-risk mother and neonate are included.

### Contents

Midwifery concepts • Introduction to midwifery and neonatal nursing • Socio-cultural aspects of maternity care • Quality in midwifery • Maternal and infant health profiles • Anatomy and physiology of reproduction • Female reproduction • Conception and fetal development • The placenta and amniotic fluid • Pregnancy care • Healthy adaptation to pregnancy • Antenatal assessment and care • Fetal health, growth and wellbeing • Preparation for pregnancy, childbirth and parenthood • Labour and birth • The birth process • First stage of labour • Second and third stage of labour • Pain and discomfort • Care of the newborn baby at birth • Postnatal care • Postnatal assessment and care • High risk pregnancy, labour and puerperium • Assessment and risk screening • Infections • Hypertensive conditions • Haemorrhage in pregnancy • Medical and surgical conditions during the perinatal period • Women and families with special needs in pregnancy • The compromised fetus • Multiple pregnancy • Complicated labour and birth • Operative obstetrics and the role of the midwife • Perinatal loss: Counselling and support • Newborn care • Routine care of the healthy newborn • Nutrition • Baby with special needs

### Key features

Holistic healthcare • Risk management • Evidence-based and reflective practice • Easy access to information • Self-evaluation • Case studies

### Recommended for

Midwives and advanced midwives • All healthcare professionals involved in maternal and newborn care

### The editors and contributors

*Joanita de Kock* and *Dr Christa van der Walt* are highly respected in the university nursing sector. *Sister Christa Mary Jones* is highly regarded at both nursing college and university level for her work in primary healthcare and midwifery. Healthcare professionals will greatly benefit from the editorial team's vast experience in midwifery education and practice in a variety of settings. Particular effort has been made to include contributors from nursing colleges and university departments from across the country.

## Mental Health Nursing

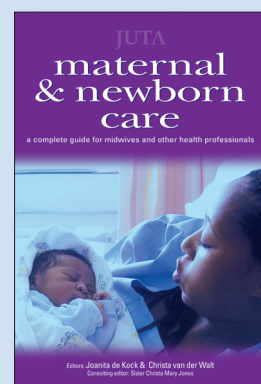
– A South African Perspective

*L Uys & L Middleton (Editors)*

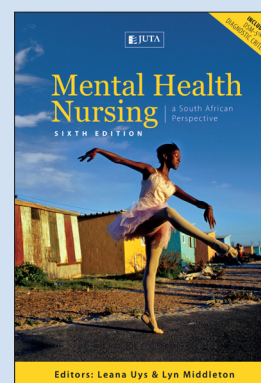
*Mental Health Nursing* is the result of a cooperative effort by mental health nurses from all over the country to produce a textbook for the teaching and learning of mental health nursing. The sixth edition has been updated and expanded to take into account various curricula in mental health nursing. The text is written in easy-to-understand language and provides an approach that will suit local circumstances. Rich in evidence-based practice and practical examples, *Mental Health Nursing* will facilitate an active learning experience of the subject.

New in this edition:

Diagnostic criteria from the DSM-5™ with revised explanatory text.



2004  
704 pages  
Soft cover  
Printed 9780702164026  
R492.00



6th edition 2014  
864 Pages  
Soft cover  
Printed 9781485102250  
R589.00



### Key features

Evidence-based practice and excerpts from the Cochrane Collection • Web-based resources for each chapter • Extensive glossary of psychiatric terms

### The editors

*Leana Uys* obtained a bachelor's degree in nursing at the University of Pretoria and a master's and doctoral degrees in psychiatric nursing at the University of the Free State. She is currently Professor of Nursing at the University of KwaZulu-Natal. *Lyn Middleton* obtained a PhD in psychiatric nursing at the University of KwaZulu-Natal. She currently coordinates the mental health stream for the masters in nursing.

## New Approach to Professional Practice, A

*N Geyer (Editor)*

Professional practice is the foundation of every interaction between nurse and patient; it both governs and guides the way the nurse behaves towards the patient and also grants the patient certain rights and responsibilities. This nurse-patient relationship has ethical as well as legal components; all of which are dealt with in this text. The nurse today faces many challenges, such as staff shortages and industrial action and must continuously assess his or her professional responsibilities. *A New Approach to Professional Practice* provides sound advice on all relevant issues.

### Key features

Explains the importance of the scope of practice so that the nurse understands the framework in which he or she must work • Discusses all relevant legal aspects to explain the implications of these on daily practice • Details the rights and responsibilities of the patient for clarity on the nurse-patient relationship • Explains the key concepts 'advocacy' and 'duty to care' to encourage the nurse to maintain high standards of nursing care • Provides information on communication and its relevance to privacy, listening skills, record keeping and electronic information • The 'new approach' outlined in this book makes extensive use of case studies drawn from real-life situations, designed to explain the theoretical concepts. The authors are all experienced practitioners and educators who understand the realities of nursing practice, with all its triumphs, pitfalls and difficulties.

### Recommended for

All nursing students.

### The editor

*Nelouise Geyer* (RN, RM, BA Cur, MA Cur) is the CEO of the Nurses Education Association.

## Newborn Baby, The

*V Harrison*

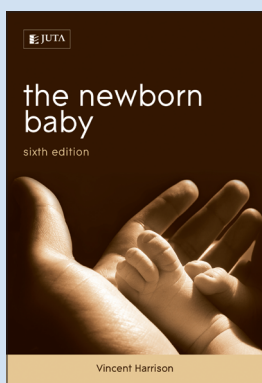
The fully-updated sixth edition of this popular and well-established textbook offers nurses, medical students, doctors and other health professionals a method of learning neonatology.

New in this edition:

- The text recommends the latest approach to care where a gentle approach is used and the nurse is pivotal. In this approach, infant cues are heeded, a crying baby is pacified, sleep is not disturbed and skin-to skin-contact with parents is encouraged whenever possible.
- The chapter on infection has been revised significantly. This notes the reduction of HIV transmission from mother-to-child. Prolonged breast-feeding is encouraged and several methods of breast-milk pasteurisation are described.
- The information on the structure and function of community perinatal services are highlighted and management issues are tailored for those who work in units with restricted funds and limited personnel.
- The text provides information on less common disorders and contains updated information on recent gene discoveries, particularly in musculo-skeletal and skin disorders.



2013  
328 pages  
Soft cover  
Printed 9780702189029  
WebPDF 9780702197253  
**R407.00**



6th edition 2012  
416 pages  
Soft cover  
Printed 9780702197697  
WebPDF 9780702196232  
**R438.00**

## Contents

Perinatal terminology • Intrauterine growth and gestational age • The physical examination • Nursery care • Breastfeeding • Artificial feeding • Disorders of maturation, growth and development • Infection • Jaundice • Congenital abnormalities • Neurological disorders • Special sense organ disorders • Respiratory disorders • Cardiovascular disorders • Gastrointestinal disorders • Blood disorders • Urogenital disorders • Skin and tissue disorders • Metabolic and endocrine system disorders • Musculoskeletal disorders • Miscellaneous problems • Drugs and dosages • Further reading • Index

## Key features

Explains a method for the thorough physical and neurological examination of the newborn and addresses the parent's first question 'is our baby normal?' • Explains the importance of distinguishing the healthy newborn from the one who is sick (for example jaundice that occurs soon after birth differs greatly in aetiology and outlook from that which occurs later – this aspect of diagnosis is conveyed in each chapter) • Contains numerous photographs to more fully explain various conditions

## The author

*Vincent Harrison* is Emeritus Associate Professor at the School of Child and Adolescent Health, University of Cape Town.

# Nurse Educator in Practice

*S Meyer & S van Niekerk*

The nursing profession in South Africa faces challenges regarding the education and training of students. Well-qualified nurse educators in South Africa enhance the quality of the development of student nurses, and therefore enhance the quality of nursing care. *Nurse Educator in Practice* incorporates the latest legislation and applies didactics in theoretical as well as clinical nursing education, using examples to illustrate the text. The book has been specifically written to cover the requirements for registration as a nurse educator at the South African Nursing Council.

## Contents

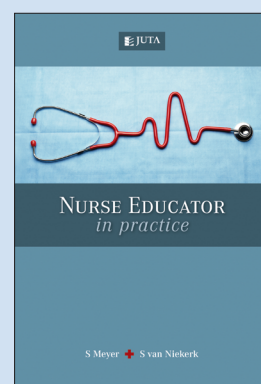
Legislative framework for nurse education • Outcomes-based education in the context of nurse educator • Recognition of prior learning • Batho Pele principle • Curriculum development issues • Learning outcomes in nurse education • Evaluation of sources for study purposes • Active learner involvement • Correlation between theory and practice • The application of educational perspectives in nurse education • The learning environment • The structuring of teaching • Academic teaching strategies • Multimedia in nurse education • Assessment in nurse education • Clinical teaching in nurse education • Assessment of clinical skills

## Recommended for

This text is suitable for students in nursing education at baccalaureate level, as well as all nurses involved in education and training • Invaluable resource for nurse educators

## The authors

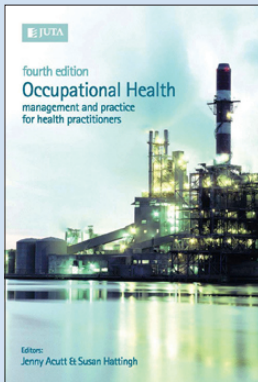
*Dr Salomé Meyer* is a senior lecturer at the Department of Nursing Science at the University of Pretoria. She has a keen interest in education issues and specifically the use of technology in education. *Dr Susan van Niekerk* is a part-time senior lecturer at the Department of Nursing Science at the University of Pretoria, and is passionate about the management aspect of nursing education.



2008  
224 pages  
Soft cover  
Printed 9780702172991  
**R407.00**



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4th edition 2011  
 602 pages  
 Soft cover  
 Printed 9780702186745  
 WebPDF 9780702189364  
**R488.00**

## Occupational Health

– Management and Practice for Health Practitioners

*J Acutt & S Hattingh*

The fourth edition of *Occupational Health: Management and Practice for Health Practitioners* has been extensively updated and takes note of changes to legislation and the latest research in environmental health and epidemiology. Building on its success as a practical 'how to' manual for students as well as practitioners, this comprehensive and widely prescribed text has proved itself to be indispensable. With this edition, the authors intend to guide the reader to be effective in their efforts to achieve occupational health for all workers.

The authors draw on their years of experience to explain the relationship between work and health as a two-way process: the working environment may affect the health of workers and the workers' state of health may impact on their ability to do their jobs. The text gives clear guidance on how to deal with this relationship.

### Contents

An overview of occupational health • Work, workers and workplaces • Legislation for occupational health • Occupational safety • Occupational hygiene • Occupational medicine • Occupational health service management • Clinical occupational healthcare • Health promotion at work • Emergency care and disaster management • Epidemiology and research • Psychological health and adjustment in the work context • Environmental health

### Key features

A chapter on environmental health highlights its importance in the broader framework of healthcare • A complete review of legislative issues, which form the cornerstone of Occupational Health • A new chapter on work, workers and work places so that the practitioner has a greater understanding of the work environment and potential hazards therein • An update to the chapter on psychological health, to highlight the importance of treating the patient holistically.

### Recommended for

Occupational Health has been written to meet the needs of anyone working in this field, but particularly those completing the Occupational Health component of a basic healthcare programme or those pursuing a career in Occupational Health Nursing.

### The authors

*Jenny Acutt* has been active in the field on occupational health nursing, with all its development and advances in the past 33 years. She has coordinated courses and lectured on the subject since 1982 and is an Honorary Life Member of the SA Society of Occupational Health Nursing Practitioners. *Susan Hattingh* has been a nurse for 42 years and has spent many years as an associate professor, where she developed and taught various courses including Occupational Health Nursing on a post-basic level. She has also supervised a number of Masters and Doctoral students and has published widely. She is currently Associate Dean at the King Saud bin Abdulaziz University for Health Sciences of the National Guard in Al Ahsa in the Kingdom of Saudi Arabia.



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# Patient-Centred Communication and Counselling

## – Principles and Practice

A Reinbrech-Schütte, D Pretorius & M van Rooyen

Communication and counselling in the healthcare setting encompasses a broad range of practical skills, self-knowledge and ethical-legal knowledge. The patient-centred approach is adaptable and suitable for use in different cultural healthcare settings.

### Key features

Foundational chapters enhance self-awareness, influencing communication styles and improving ethical communication • Provides the legal position on key issues like consent and confidentiality • Equips the reader with appropriate skills and techniques to deal with individuals, couples, groups and families • Covers the scope of medical and psychosocial challenges a healthcare professional deals with on a daily basis from human development and its counselling demands, through to end of life challenges • Examines counselling interventions that should be covered in specific counselling Situations

### Key features for students and educators

Summary tables for quick reference • Provides information for students related to examination and communication skill assessments • Critical thinking activities at the end of each section make it a practical training guide • The accompanying DVD contains role plays of common counselling and communication situations. The DVD allows ample opportunity to assess, critique and improve on communication skills and counselling processes

### Recommended for

Healthcare professionals who want to develop their competence and increase their confidence in the counselling situation.

### The authors

Angelika Reinbrech-Schütte (MBChB (Pret), MMed (FamMed)(Pret) lectures in the Department of Family Medicine, University of Pretoria. Deidré Pretorius (BSocSc (SW) (UOFS), MSc (Psych) (UL, Medunsa) is a neurolinguistic practitioner, social scientist and lecturer at the Department of Family Medicine and Primary Health Care, University of Limpopo, Medunsa campus. Marietjie van Rooyen (MBChB (UP) MMedFamMed (UP), 2006 FAIMER fellow) is a lecturer at the University of Pretoria.

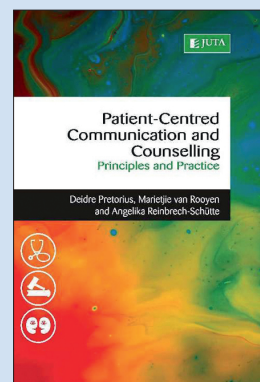
# Pharmacology in Clinical Practice

## – Application Made Easy for Nurses, Pharmacists and Allied Health Professionals

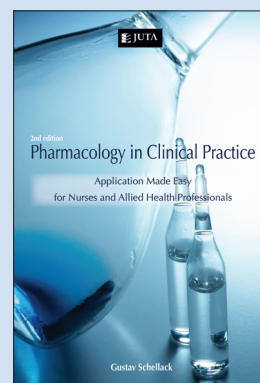
G Schellack (Editor)

The second edition of *Pharmacology in Clinical Practice* (formerly known as *Pharmacology in Clinical Nursing Practice*) has been extensively revised and updated. The authors are specialists in the fields of clinical research, health sciences education, clinical pharmacy and applied pharmacology. They have endeavoured once again to provide a simplified approach to this complex subject. By illustrating how pharmacological principles apply to clinical practice, they successfully present nurses and allied health professionals with the fundamentals of drug science as well as the basics of pharmacodynamics and pharmacokinetics.

The authors have, where applicable, included suitable cross-references to the latest edition of the *Standard Treatment Guidelines and Essential Medicines List (EML) for South Africa: Primary Health Care Level*, 2008 edition.



2010  
256 pages  
Soft cover  
Printed 9780702186608  
WebPDF 9780702196157  
R300.00



2nd edition 2010  
296 pages  
Soft cover  
Printed 9780702186561  
WebPDF 9780702197406  
R339.00  
New edition in preparation

### Key features

A chapter on the nursing management of drug preparations and treatment • Information on the latest legal framework for dispensing and prescribing drugs • Numerous graphics and line drawings • Contemporary trends and developments in the pharmaceutical industry, such as novel concepts in drug research and development, and the use of biotechnology • A guide to accessing and interpreting drug information • Two useful appendices: Appendix A links the South African EML for Primary Health Care to the relevant sections and listings in the text; Appendix B contains notes on patient adherence to, or compliance with prescribed drug therapy • A glossary to explain problematic terminology

### The editor

*Gustav Schellack* (Editor) is a clinical research associate in the pharmaceutical industry and specialises in applied pharmacology. He is a former lecturer in Medical-Surgical Nursing Science at the University of Pretoria. The authors are specialists in the fields of clinical research, health sciences education, clinical pharmacy and applied pharmacology.

## Prevent and Control Infection

– For Safer Healthcare Practice

*LE Ziady & N Small*

*First, do no harm ...*

Safe practice is a primary objective in healthcare. Safety lies at the heart of the way each procedure is performed, and is at the heart of what each student learns.

One simple way to improve the safety of each patient interaction is to improve infection control practices. This alone can significantly reduce healthcare-related infections, reduce neonatal mortality and save countless millions of rands on hospital days.

Infection control is part of the core curriculum of every healthcare qualification and is the responsibility of everyone in the healthcare environment. Incorrect or inadequate procedures and processes endanger both the patient and the healthcare professional.

*Prevent and control infection for safer healthcare practice* contains all the information needed to empower the professional to understand and implement good infection control practices. The book includes content on basic microbiology, disinfection and sterilisation procedures, clinical practice and procedures, housekeeping and even infection control in the home-based care setting.

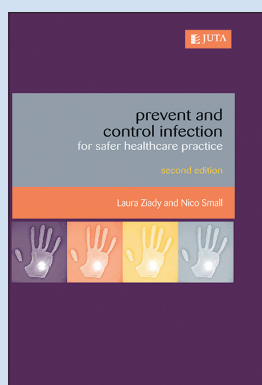
### Contents

**Micro-organisms:** The relationship between micro-organisms and infection control practice • Disease-specific infection prevention and control measures • Incident-related or healthcare-associated infections

**Infection control practice:** Housekeeping • Disinfection and sterilisation • Clinical practice and procedures • Special patient categories • Special issues • Staff issues • Infection control in home-based care settings

### Key features

A chapter on the relationship between micro-organisms and infection control practice so that the need for standard precautions is fully understood • Disease-specific infection prevention and control measures for each condition to enable quick reference • Tried-and-tested policies and procedures to assist in setting up or formalising an institution's policies • The second edition of *Prevent and Control Infection* includes new conditions, health education for each condition and the updated list of legally notifiable conditions



2nd edition 2013  
264 pages  
Soft cover  
Printed 9780702198014  
WebPDF 9780702197383  
**R331.00**



## The authors

*Laura Ziady* is an infection control specialist and nurse educator with a private hospital group. She holds a master's degree and nursing qualifications in general nursing science, midwifery, psychiatric nursing, community healthcare, nursing administration and nursing education, palliative nursing care and infection prevention and control. For many years, she practised both in the public and private sector as an infection prevention and control specialist, and is now also qualified as an assessor and moderator. The late *Nico Small* held an honours degree and nursing qualifications in general nursing science, midwifery, psychiatric nursing and community healthcare. Before his untimely death, Nico practised as an infection prevention and control practitioner in a public sector hospital and later as a specialist educator/trainer for a company specialising in wound care.

## Primary Care Psychiatry

– A Practical Guide for Southern Africa

*SE Baumann (Editor)*

Psychiatric disorders represent enormous burdens of care and important causes of disability in the developing world. With the changing structure of the health services in southern Africa, healthcare workers at the primary level are increasingly required to deal with a wide range of psychological problems and psychiatric disorders. This book aims to equip these workers with basic information on how to identify and manage the majority of these problems, with guidelines on when and how to refer to more specialised levels of care. An extensive list of resources is provided.

### Contents

Basic principles • Clinical evaluation • Management problems • Problems associated with clinical syndromes • Mental health problems and the law • Management

### Key features

Written in a clear and accessible style that aims to be free of jargon • Case studies are used to illustrate common clinical problems • A simple, problem-based approach is followed • It is rooted in the southern African context and addresses the particular challenges faced by a developing and transforming society with limited financial resources

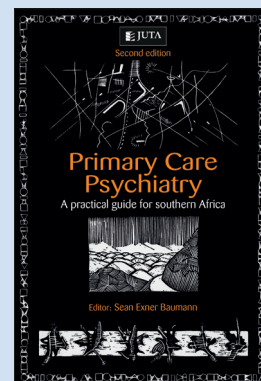
### Recommended for

Medical students • Students in allied disciplines • General practitioners • Medical officers • District surgeons • Nurses • Social workers • Psychologists

### The editor

*Sean Exner Baumann* works as a senior specialist and lecturer in the Department of Psychiatry and Mental Health of the University of Cape Town, and as Consultant Psychiatrist at Valkenberg Hospital.

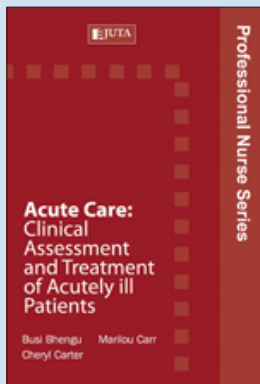
 **NEW EDITION**  
with DSM-5™  
diagnostic criteria



2nd edition 2008  
870 pages  
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2008  
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Printed 9780702180309  
R173.00

## Professional Nurse Series: Acute Care

– Clinical Assessment and Treatment of Acutely Ill Patients

*B Bhengu, M Carr & C Carter*

Early recognition of the signs of deterioration in a patient has a significant impact on the rates of admission to ICU. Clear clinical warning signals become evident 6–8 hours prior to cardiac arrest. *Acute Care: Clinical Assessment and Treatment of Acutely ill Patients* details a system that identifies the patient at risk and outlines appropriate interventions to either avert admission to ICU or ensure the patient receives optimal care prior to being transferred to ICU.

### Contents

Current global trends in identifying the patient at risk of deterioration • Principles of patient assessment • The patient with a decreased level of consciousness • The patient with respiratory compromise • The hypotensive patient • The patient with a decreased urine output • Pain management • Ethical and medico-legal issues • Infection control

### Key features

Describes a system for assessing the acutely ill patient to identify signs of deterioration • Explains how to evaluate the assessment findings so that interventions can be implemented • Details interventions to lessen the chances of organ damage, morbidity and mortality

### Recommended for

Acute Care will be invaluable for nurses working in the general ward looking after the acutely ill patient, or nurses wishing to refresh their knowledge of ICU principles. It is also recommended for nurses in healthcare facilities that do not have an ICU.

### The authors

*Busisiwe Rosemary Bhengu*, Associate Professor of Nursing, Medunsa, has a PhD (Nursing, UN), MCur (Intensive Care Nursing General, RAU), RNE, RNA, RICN, RM, RN. Busisiwe has been a Critical Care nurse and lecturer for over 20 years. *Marilou Carr* (RICN, RN, RM, MBA) has practised as a Registered Nurse/Midwife for 24 years, 12 of which have been in the field of Intensive Care. *Cheryl Carter* (RNE, RNA, RICN, RN, RM) has worked in the field of Critical Care for 22 years, 7 of which were as a Unit Manager in the public sector.



2008  
96 pages  
Soft cover  
Printed 9780702172854  
R173.00

## Professional Nurse Series: Palliative Care

*N Dinat*

*Palliative care is an approach that improves the quality of life of patients and their families facing the problems associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual.* – World Health Organization

Nursing patients with life-threatening or incurable diseases requires a specific knowledge and skills base, the fundamentals of which can be applied by any nurse. *Palliative Care* aims to provide this knowledge and guide the nurse who has to care for the patient with palliative needs. *Palliative Care* aims to support the development of skills and attitudes for a 'palliative approach' by nurses working in a generalist setting. It includes treatment approaches and referral criteria. This valuable, accessible text shows how the nurse can incorporate palliative care into daily clinical practice and explains how this can enhance current nursing delivery without taking extra time.

Topics covered include:

- Palliative services in South Africa
- Legal, regulatory and ethical issues in palliative care
- Pain management

- The terminal phase
- Emergencies in palliative care
- Communication.

Included with the book is an e-education DVD complete with multiple-choice questions and answers as well as graphics. This interactive DVD, entitled *An Introduction to Palliative Care in Aids and Cancers for Doctors and Nurses*, has been designed to make the material come to life and put the theory into practice.

#### Recommended for

Nurses working in general wards, and nurses specialising in palliative care. Also suitable for post-basic training.

#### The author

*Natalya Dinat* is an obstetrician-gynaecologist and palliative care specialist who teaches communication skills and palliative care at the Faculty of Health Sciences, University of the Witwatersrand.

## Professional Nurse Series: Record Keeping

*N Geyer*

*'Story telling is not only for children. It is a powerful way to relay a message because it evokes visual imagery in both the mind and the emotions, and this helps others to connect with the message and its content. Nursing records are nothing other than an informational story that needs to be told so that the whole medical team can obtain a similar understanding of the healthcare user and his or her health status.'* — From Record Keeping

Record Keeping is part of a series of books aimed primarily at the registered nurse wishing to continue with his or her professional development. Each book in the Professional Nurse Series covers one important topic, and has been written by a specialist in that field. The series follows a consistent format and covers issues such as key ethical and legal considerations, relevant legislation, case studies and practical applications. These concise, accessible texts will be suitable for accreditation when Continuing Professional Development (CPD) becomes a requirement.

#### Contents

Why do we need to keep records? • Nursing records • Writing incident reports • Legislation • Ethics and record keeping • Record keeping as a communication tool

#### Recommended for

Registered nurses • Suitable for accreditation when CPD becomes a requirement

#### The author

*Nelouise Geyer* (RN, RM, BA Cur, MA Cur) is CEO of the Nurses Education Association.

## Professional Nurse Series: Supervision in Nursing Practice

*K Jooste*

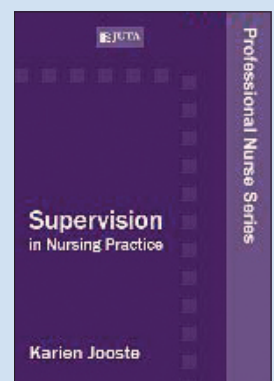
*Supervision in Nursing Practice* focuses on building supervision skills. This extremely useful text uses an outcomes- and problem-based approach to update public and private nurse practitioners, and to focus on skills development. It includes original research, where appropriate, to demonstrate the application of theory.

#### Contents

The concept supervision • Overview of supervision • Supervision in professional, legal and ethical frameworks • Professional competency, responsibility and accountability • An organised supervisor • Being an effective supervisor • Skills and qualities • Nursing research • Research in supervision



2008  
96 pages  
Soft cover  
Printed 9780702171185  
R173.00



2009  
80 pages  
Soft cover  
Printed 9780702180514  
WebPDF 9780702197376  
R173.00

### Key features

Timeously addresses a relevant and important topic • Can be used for in-service training programmes in all institutions • Includes a section on research in supervision • Accessible • User friendly • Will be suited for CPD accreditation

### Recommended for

Professional and staff nurses in practice, for in-service training and skill development • Basic degree programme students in fourth year of degree • Managed care workers, healthcare professionals, professional nurses

### The author

*Karen Jooste* is a professor and programme co-ordinator of Nursing Management at the Department of Nursing, Faculty of Health Sciences, University of Johannesburg.

## Professional Nurse Series: The Partograph and How to Assess Labour

### A Nolte

The midwife who cares for a woman during labour is responsible for recording information on the progress of labour on a partograph or partogram, which is a graphic record of this progress. The partograph helps caregivers detect whether labour is progressing normally or not, indicates when augmentation of labour is appropriate and assists in recognising potential problems before they occur.

Dr Anna Nolte has written a concise and accessible text, with numerous graphic examples, to explain the correct way to record clinical findings on this document, which forms an integral part of holistic care during labour.

*The Partograph and How to Assess Labour* is part of a series of books aimed primarily at the registered nurse wishing to continue with his or her professional development. Each book covers one important topic, and has been written by a specialist in that field. The series follows a consistent format and covers issues such as key ethical and legal considerations, relevant legislation, case studies and practical applications. These concise, accessible texts will be suitable for accreditation when Continuing Professional Development becomes a requirement.

### Key features

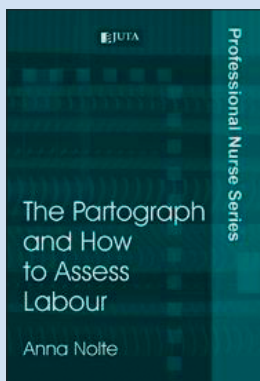
Gives clear guidelines on how to complete the partograph correctly • Shows how to identify abnormalities in recordings • Offers guidelines on how to act on these abnormalities should they occur • Includes a comprehensive workbook with answers to put the theory into practice

### Recommended for

The registered nurse wishing to continue with his or her professional development.

### The author

*Dr Anna Nolte* has written a concise and accessible text, with numerous graphic examples, to explain the correct way to record clinical findings on this document, which forms an integral part of holistic care during labour.



2008  
80 pages  
Soft cover  
Printed 9780702176869  
WebPDF 9780702197352  
**R173.00**



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# Research in Practice

– Applied Methods for the Social Sciences

*M Terre Blanche, K Durrheim & D Painter*

*'The first edition of Research in Practice has been a huge success... True to the title of the book, the editors have skilfully combined epistemology, methodology, statistics and application in a volume that is simultaneously sophisticated and readable. I don't know a student or practitioner who hasn't found it useful and empowering. Moreover, the book brings alive the excitement of ideas, debate and controversy that has held so many of us in research careers. But this is no dumbed-down easy entry into the theses of reluctant postgraduates – the authors grapple with all the complex issues, and do it extremely well.'* – Linda Richter, Executive Director: Child, Youth and Family Development, Human Sciences Research Council.

*'Research in Practice ...will have an appeal to any researcher anywhere in the world, who has been reflecting critically on the value of ostensibly dull things such as "research design", "programme evaluation" or "multivariate data analysis".'* – Ian Parker, Co-director: Discourse Unit, Manchester Metropolitan University.

Over the past few decades there has been a major shift in research methodology – away from technicist to more contextual and pragmatic approaches. This is reflected in a greater emphasis on interdisciplinary and applied research skills, the concurrent use of qualitative and quantitative methods, and a more sophisticated understanding of the epistemological grounding of research. *Research in Practice: Applied Methods for the Social Sciences* incorporates these new trends while also providing comprehensive coverage of the full range of established research approaches and techniques.

## Contents

**The research process:** Histories of the present: Social science research in context • Doing an information search • Research design • Ethical issues in social science research • Putting design into practice: Writing and evaluating research proposals • Publish or perish: Disseminating your research findings

## Quantitative research techniques

Generating quantitative data • Evaluating research design • Basic quantitative analysis • Jumping to conclusions: An overview of inferential statistical methods • Multivariate data analysis

**Qualitative research techniques:** Why qualitative research? • From encounter to text: collecting data in qualitative research • First steps in qualitative data analysis • Lived experience and interpretation: The balancing act in qualitative analysis • Calling it a day: Reaching conclusions in qualitative research

**Research in applied contexts:** Jobs and careers in social science research • Programme evaluation • Participatory action research: A practical guide for realistic radicals • Researching public policy • Research methods in clinical research • Assessment research • Standpoint methodologies: Marxist, feminist, and black scholarship perspectives • Postmodernism: A critical practice? • Postcolonial African methods and interpretation

## Key features

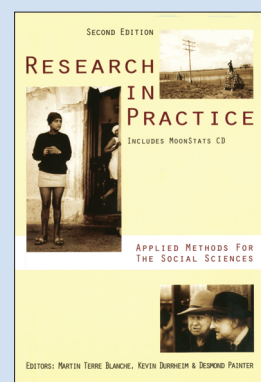
Lively text which incorporates new trends while also providing comprehensive coverage of the full range of established research approaches and techniques • Structured to facilitate systematic study of each phase of the research process in sequence • Aims to ground research methodology in terms of practical outcomes, and to equip students with applied technical know-how and conceptual tools to evaluate and contextualise their work in terms of larger social and philosophical issues • A strong emphasis on practical examples drawn from the southern African experience • Richly supplemented by photographs, case studies, tips and checklists

## Recommended for

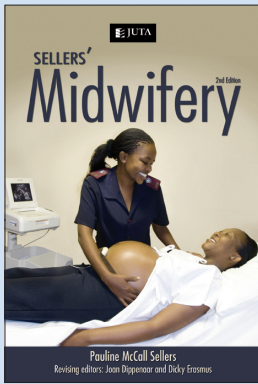
Undergraduate and postgraduate students of psychology, sociology, anthropology and applied fields of social work, nursing and occupational therapy • Practising researchers

## The editors

*Martin Terre Blanche* is an associate professor in the Department of Psychology at the University of South Africa. *Kevin Durrheim* is a professor in the Department of Psychology at the University of KwaZulu-Natal. *Desmond Painter* is a lecturer in the Department of Psychology at Stellenbosch University.



2nd edition 2006  
608 pages  
Soft cover  
Printed 9781485102687  
**R548.00**



2nd edition 2011  
 1200 pages  
 Soft cover  
 Printed 9780702180569  
 WebPDF 9781485195730  
**R489.00**

## Sellers' Midwifery

*J Dippenaar & D Erasmus (Revising editors)*

This long-awaited revision of the widely used classic text, first published as *Midwifery* by the late Pauline McCall Sellers, is a comprehensive textbook that covers every conceivable aspect of midwifery. It is relevant for use in southern African and other developing regions, and is in line with the International Council of Midwives and International Council of Nursing guidelines and standards. It has been fully updated and revised to deal with HIV/Aids in pregnancy, childbirth and postpartum care.

Aspects that have guided this edition include:

- 'skilled attendance' as described by WHO (nurses, midwives and doctors), which makes the book accessible for any health professional
- the 'Saving Mothers and Babies' reports in South Africa
- international developments within the ICN and ICM, and the newly developed WHO Partnership for Africa for maternal, newborn and child care (2008)
- attention to obstetric emergency care aspects, and
- focus on nutrition and pharmacology in obstetrics by nutritionists and pharmacologists.

### Contents

History of midwifery in SA • Maternal and perinatal mortality • Midwifery practice and care • Maternal and newborn healthcare in South Africa • Female organs of reproduction • Hormonal control and the menstrual cycle • Genetics, gametogenesis, fertilisation, placental development and embryology • P's of labour: Passage, passenger and powers • Breast and lactation • Psychology of pregnancy and childbirth • Childbirth and the father • Mother/child relationship • Mental health, gender-based violence and loss and grief • Physiology of pregnancy • Signs and symptoms and diagnosis of pregnancy (special tests) • Evidenced based care • Assessment diagnosis and treatment in pregnancy • Childbirth education • Common disorders in pregnancy • Complications in pregnancy • Birth process including all the physiology of stages of labour • Management and care of the first stage of labour • Pain management and comfort in labour • Management and care of the second and third stage of labour • Management and care of the fourth stage of labour including care of the newborn • Complications of labour • Pre-term birth • Obstetric emergencies • Obstetric intervention • The physiology of the puerperium • Management and care in the puerperium • Feeding of the baby • Complications of the post-natal period • The physiology, abilities, characteristics and needs of the newborn • Assessment and care of the neonate • Disorders of maturation, growth and development • Common disorders and abnormalities of the neonate • Infections and jaundice • Congenital abnormalities • Respiratory disorders • Birth trauma • Metabolic disorders • Transportation of the pregnant woman and newborn • Family planning • Perinatal and other obstetric infections • PMTC HIV/AIDS • Nutrition in childbirth • Drugs used in obstetrics

### Key features

Generously illustrated • 16 pages of colour photographs • Supporting documents and protocols for prescribing institutions

### The editors

*Dr Joan Dippenaar* RN (Community and Psychiatry); RM; Dipl. Nursing Education and Administration; Clinical Specialist (Advanced Midwifery and Neonatal Science); BSocSci (UOVS); M Cur (RAU); D Cur (Nursing Administration, UJ) is currently a senior lecturer at the University of Limpopo. *Dr Dicky da Serra (Erasmus)* RN (Community and Psychiatry); RM; Dipl. Nursing Education, Management and Community Nursing; Clinical Specialist in Advanced Midwifery and Neonatal Science; D Cur (Nursing Education, RAU) was formerly a senior lecturer at the University of Pretoria.

## Sociology

### – A South African introduction

*P Stewart & J Zaiman*

*Is South Africa more equitable now than in 1994?*

*How can domestic violence be explained?*

*How are we as individuals shaped by larger structures, forces and institutions?*

*Why is the environment important for society?*

*Sociology – A South African introduction* provides a comprehensive introduction to the sociological theories and themes commonly taught in first year and undergraduate courses.

The book is divided into five broad sections: the foundations of sociology; the individual in society; the institutions in society; the challenges for society; and sociology in context.

Each chapter addresses key issues, topics and debates in sociology today, and uses contemporary and current South African case studies to make the material relevant and meaningful to students. Chapter introductions serve as a narrative linking and providing cross-references to material covered in other chapters, where appropriate. Written with the student in mind, the language used is accessible and easy to understand and the carefully developed pedagogical features in each chapter serve to support students' learning.

Additional references at the end of each chapter in the textbook include journal articles, books and websites. The glossary is available on a mobile friendly site and accessible to all students using the book. Support material for prescribing lecturers includes multiple choice questions, sample short paragraph questions and essays with memoranda.

#### The editors

*Paul Stewart* is a senior tutor at the University of the Witwatersrand where he has taught Sociology since 1997. His recently completed PhD entitled *Labour time in South African gold mines: 1886-2006* is forthcoming as a book. His current research is on the right of refusal to do dangerous work underground. *Johan Zaiman* is director of the School of Social and Government Studies at the North-West University, Potchefstroom campus. He has taught first year sociology for 21 years, first at the Huguenot College in Wellington, and at the North-West University. His research interests include political sociology, social theory and research methodology.

## South African Health Reforms 2009–2014, The

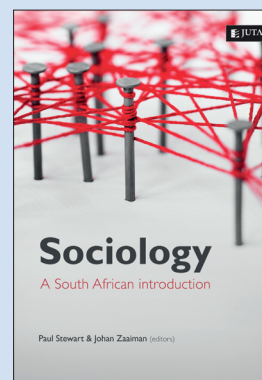
### – Moving towards universal coverage

*M Matsoso, R Fryatt & G Andrews*

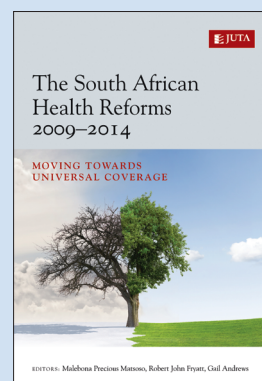
In 2008 the South African health sector was in crisis with an estimated 300,000 deaths from a delayed response to HIV, increasing health inequities, and a public sector unable to cope with the huge burden of disease.

Three major reviews of the South African health system were separately commissioned: by the Development Bank of Southern Africa, by the Lancet Journal, and by the Ministry of Health. The findings of these reviews, published in 2009, provided a baseline for major new policy initiatives launched that year.

Under the leadership of the Minister of Health, the government laid out a Ten Point Plan for transforming the health sector, announced a massive scaling up of the response to HIV, and set ambitious targets with the Presidency for improving health and the health system. By 2013, the country had seen unprecedented improvements in life expectancy, major reductions in some aspects of child and adult mortality, and had started implementing an ambitious set of health reforms to achieve universal coverage of high quality, accessible health services.



2014  
550 pages  
Soft cover  
Printed 9781485103776  
WebPDF 9781485104889  
**R486.00**



2015  
320 pages  
Soft cover  
Printed 9781485110606  
WebPDF 9781485114758  
**R350.00**

In this book, we describe how this turn-around in health policy is being achieved, the challenges that have had to be overcome, and the many challenges that remain. As a case study of an emerging power's efforts to deliver on the expectations brought by the onset of democracy, it will be of interest to students of social and public health practice and policy nationally and around the globe.

### Content

Chapter 1: Introduction and overview • Demographic and health trends: 2009–2014 • Service delivery through the lens of strategic health programmes • Primary health care and universal health coverage in South Africa • Improving quality • Health systems financing • Reforming public hospitals • Human resources for universal health coverage • Medicines, health products and technology • Health information systems in the public health sector • Community participation in the post-apartheid era: progress and challenges • Health governance • Responding to the challenges

### About the authors

*Ms Malebona Precious Matsoso* is South Africa's Director-General, National Department of Health. Ms Matsoso holds a degree in Pharmacy from the University of Western Cape, a postgraduate diploma in Health Management from the University of Cape Town, and a master's degree in Law and Ethics (LLM) from the University of Dundee. As a pharmacist she has worked in both the public and private sector at management level. Ms Matsoso was a director in Public Health Innovation and Intellectual Property (PHI) in the office of the Director-General of the World Health Organisation (WHO), serving as WHO Secretariat on Public Health, Innovation and Intellectual Property. *Dr Robert John Fryatt* is an international public health specialist with twenty-four years of experience working in public health and international development in low, middle and high income countries across Asia, Africa and Europe. He worked as an adviser to the Ministry of Health in South Africa from November 2009 until July 2013, and has carried on as part-time adviser working on the roll-out of primary health-care reforms in the country. Prior to working in South Africa he worked in the World Health Organisation, Geneva, where he established the International Health Partnership, in partnership with the World Bank. He is a physician and a Fellow of the UK Faculty of Public Health Medicine. *Dr Gail Andrews* is a public health specialist with extensive senior management experience. Her policy, programming and research expertise is broadly in public health, and specifically the intersection of health systems research and strengthening with women's health, maternal health and HIV and AIDS. She is currently senior technical adviser to the Director-General: National Department of Health.

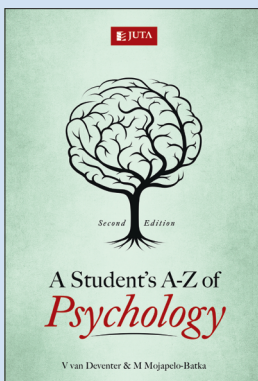
## Student's A–Z of Psychology, A

*V van Deventer & M Mojapelo-Batka*

This revised edition of *A Student's A-Z of Psychology* is a response to the requirements of the modern learning environment. It provides the core psychological knowledge required for a first year course in psychology as well as information on specific skills-based topics. As an alphabetically arranged resource, it is an easy-to-use companion for the entry-level student of psychology.

### Contents

Cognition: Thinking • Consultation scenario for a psychological research project • Consultation scenario for a stress management programme • Consultation scenario for a study management programme • Consultation interview • Emotion and motivation • Emotion: Classification of • Emotion: Concept of • Emotion: Theories of • Emotional intelligence: Concept of • Emotions: Interpretation of • Groups: Attributes of human groups • Groups: Differentiation of groups • Groups: Interaction of groups • Human nervous system: Impulse conduction in the neuron • Human nervous system: Impulse conduction in the synapse • Human nervous system: Structure and function • Human nervous system: The structure of the neuron • Individual differences in behaviour • Information analysis: Correlation between variables • Information analysis: Difference between groups • Information modelling: Expandable tree structures • Information modelling: Flow charts • Information modelling: Graphs • Information modeling: Visiograms • Intelligence: Concept and measurement of • Intelligence: Theories of • Intelligence and creativity



2nd edition 2013  
352 pages  
Soft cover  
Printed 9780702189050  
WebPDF 9780702189579  
R297.00



- Interpersonal communication • Interpersonal dynamics • Interpersonal relationships • Learning: Concept of • Learning: Social learning • Memory • Motivation: The nature of motivated behaviour • Motivation: The process of motivated behaviour • Personality and health • Personality concepts • Personality theories • Presentations • Psychological disorders • Psychological programme: Content for stress management • Psychological programme for stress • Psychological programme for study management • Psychological programmes • Psychological science • Psychology: What is it all about? • Research essays • Self: The concept of self • Self: The dynamics of self • Self: The foundations of self • Sensation and perception • Sensation: The visual system • Social issues • States of consciousness • Stress: The effects of stress • Stress: The process of stress • Stress: The psychophysiology of stress • Work: Motivation in the workplace • Work: The concept of work • Work: The dynamics of unemployment • Work: The ethic of work

### Recommended for

Teachers of introductory psychology. • Learners who need an introduction to specific topics in psychology.

### The authors

The authors, *Vasi van Deventer* and *Mapula Mojapelo-Batka*, are highly experienced in teaching introductory psychology. This book reflects the interest that they and their colleagues have in designing competency-based courses that do not rely on a traditional textbook-dependent methodology.

## Teaching Aspects of Health Care

*V Ehlers (Editor)*

*Teaching Aspects of Health Care* will benefit all those interested in improving healthcare and health education. It seeks to respond to the challenge of the changing healthcare situation and sets out the different methods that will enhance successful teaching and learning about healthcare. The text is accessible and assumes that the reader may have no background in teaching and learning theory. It is rich in case studies and applications, and is therefore exceptionally practical.

The new edition has been thoroughly revised to meet the requirements of outcomes-based education, and includes new chapters on narrative as a teaching method, values clarification, and evaluation and assessment. Importantly, this edition has a strong focus on HIV/Aids health education. Almost every chapter provides examples for using a specific method for teaching and learning about specific aspects of HIV/Aids. It is hoped that these methods will help people to acquire knowledge (especially about HIV/Aids) and to apply this knowledge in their lifestyles.

### Contents

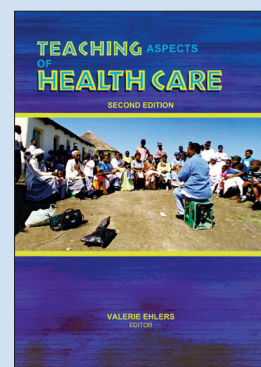
Introduction to learning, teaching and teaching strategies • The formal lesson • The demonstration • The group discussion • Role-play • Learning games • Simulation games • Case history • Case study • The learning package • Experiential learning • Projects • Narratives • Values clarification • Evaluation and assessment

### Recommended for

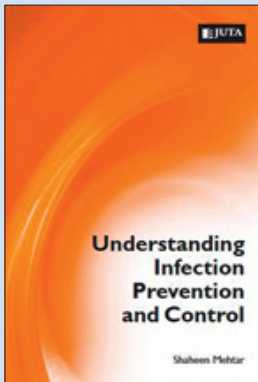
Students will find this book challenging • It is an invaluable resource for practitioners and teachers • Community health workers, including healthcare assistants, nurses, social workers, medical doctors, teachers and agricultural extension officers, will all benefit from using the teaching methods addressed in this book.

### The editor and contributors

*Dr Valerie Ehlers* is a senior lecturer at the University of South Africa. The contributors are specialists in healthcare education and various health-related fields.



2nd edition 2002  
176 pages  
Soft cover  
Printed 9780702157004  
**R216.00**



2010  
432 pages  
Soft cover  
Printed 9780702180590  
WebPDF 9781485111610  
**R404.00**

## Understanding Infection Prevention and Control

*S Mehtar*

Infection prevention and control play a significant part in containing the spread of disease. Increased resistance to antimicrobials and the rapid spread of communicable diseases such as tuberculosis, swine flu, SARS and avian flu has highlighted the need for good infection prevention and control (IPC) measures in both the healthcare setting and at home. *Understanding Infection Prevention and Control* is a comprehensive compendium of IPC processes that can be applied to all countries. The text embraces the recent developments and recommendations in IPC from international authorities, such as the World Health Organisation. It is an ideal study and teaching tool and will serve as a reference book for healthcare systems planners who wish to understand IPC and strengthen systems.

### Contents

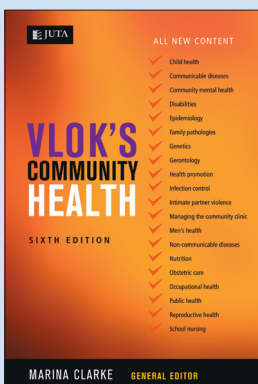
Infection prevention and control • Introduction to microbiology • Decontamination of medical devices • Risk management in infection prevention and control • Hospital design • Support services • Communicable disease control • Gathering and applying information in IPC

### Recommended for

Medical students • Practising physicians • Professional nurses • A source of reference at all hospitals and training institutions

### The author

*Professor Shaheen Mehtar* is an internationally recognised expert in the field of infection control. She currently heads up the Unit for Infection Prevention and Control at Tygerberg Hospital and Stellenbosch University. Her passion for IPC has resulted in the development and growth of a post-graduate diploma in IPC (PDIC), a diploma in Decontamination Sciences, as well as several basic education and training programmes in Africa. She has served on the executive committees of the Hospital Infection Society (UK), International Federation of Infection Control (IFIC), British Society of Antimicrobial Chemotherapy (BSAC) and the European Society of Microbiology and Infectious Diseases. She currently serves on several WHO committees relating to IPC and is the current Chair of the newly formed IPC Africa Network (IPCAN).



6th edition 2014  
540 pages  
Soft cover  
Printed 9781485102106  
WebPDF 9781485104247  
**R495.00**

## Vlok's Community Health

*M Clarke*

Building on the reputation of *Manual of Community Nursing and Communicable Diseases*, the all-new *Vlok's Community Health* is relevant for the Community Health Professional under the re-engineered Primary Healthcare System. Topics covered include Public Health, the National Health Insurance and Community Oriented Primary Care, as well as care of the individual throughout the lifespan. This well-written text places emphasis on practical application of theoretical concepts. The practical aspects extend to the chapters on Managing the Community Clinic and Caring for the Disabled at Home, which contain informative examples and suggestions.

Social aspects have not been overlooked and appropriate chapters on Family Pathologies, Intimate Partner Violence and Cultural World Views have been included.

### Contents

Public Health • Community Oriented Primary Care • Worldviews and health seeking behaviour • Taking a clinical history • Roles and responsibilities of the Community Nurse • Management of the community clinic • Epidemiology • Nutrition • Health promotion and prevention • Communicable diseases • Non-communicable diseases • Occupational Health and safety • Health needs through the lifespan including: Genetics; Antenatal services for the non-specialist; Child Health; School Nursing and Adolescent Health; Reproductive Health; Men's Health; Gerontology; Mental Health in the community; Intimate Partner Violence; Family Pathologies; Gerontology; Disabilities in the community

### Key features

Is comprehensive and thorough, making it a core text for all nursing qualifications • Meets the requirements of current nursing programmes and proposed updates to nursing qualifications • Addresses the South African situation under the re-engineered Primary Healthcare System • Travels easily from the classroom to the practitioners office, making it the 'community manual' of choice • Written by specialists in a wide range of disciplines, resulting in an accurate and reliable text

### Recommended for

Suitable for use in any of the following courses: Enrolled Nurse, Staff Nurse, Professional Nurse.

### The general editor

*Professor Marina Clarke* studied at Carinus Nursing College, Bloemfontein, the University of South Africa, Rand Afrikaans University and Karolinska (Sweden). Besides public and private hospital and clinical experience, she has 30 years community nursing experience, as registered nurse, community developer, senior manager and senior lecturer. Marina headed the Divisions of Nursing at Cape Peninsula University of Technology and at Stellenbosch University.

## Working with HIV/AIDS

*J Page, M Louw & D Pakkiri*

HIV/Aids affects every walk of life, and has a profound influence on everything we do – in our closest relationships, at work, at home, at school, at college or at university. Not a day goes by without a reference to the pandemic in newspapers or on the electronic media. Just as the virus infects every cell in the body, so it affects every single person living on the planet.

This book addresses various issues around HIV/Aids, such as what it is, how it is spread, what can be done to avoid becoming HIV positive and how to live positively once someone is infected, in the context of the workplace. *Working with HIV/AIDS* has been developed around the SAQA Fundamental Unit Standard 13915 (Demonstrate knowledge and understanding of HIV/Aids in a workplace, and its effects on a business sub-sector, own organisation and a specific workplace) for use on NQF level 3. In line with the unit standard requirements, the book includes a variety of formative assessment activities, using individual, pair and group work assignments, that should appeal to a wide range of learners or readers, as well as actual case studies, fact boxes, other useful and up-to date information and glossary terms. The book should appeal to a wide audience, from learners at schools and tertiary institutions to members of the general public.

### Contents

An introduction • Viruses, bacteria, disease and the immune system • HIV and Aids • Transmission • Preventing the transmission of HIV • HIV testing and counselling • Living with HIV/Aids • HIV/ Aids and the economy • HIV/Aids in the workplace

### Key features

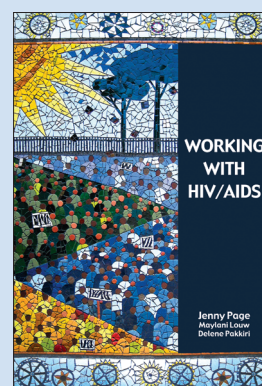
Clear and accessible text • Adheres to the requirements of unit standard 13915 • Develops learners to become knowledgeable, caring and empowered colleagues of HIV-positive employees • Equips learners to make informed decisions about avoiding transmission of the HI virus

### Recommended for

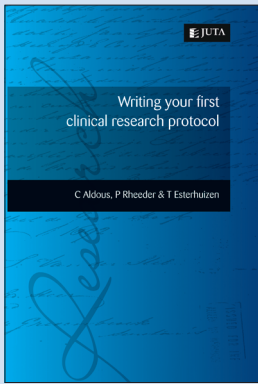
Formal and informal programmes on HIV/Aids and HIV/Aids in the workplace • Non-governmental organisations • Schools • Business colleges and universities

### The authors

*Jenny Page* is a school teacher in Johannesburg, holds a masters degree in Curriculum Design with research on HIV education. *Maylani Louw* is a freelance author, project manager and editor living in Cape Town. *Delene Pakkiri* is an instructional designer and trainer with the Pretoria-based training company, Tidasa.



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Soft cover  
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## Writing your first clinical research protocol

*C Aldous, P Rheeder & T Esterhuizen*

Students embarking on their first clinical research protocol are often daunted by the task at hand, particularly by the statistical terminology, concepts and the choice of appropriate statistical tests. The authors understand the difficulties and pitfalls students might encounter and have written an introductory text that will make writing that first protocol 'a breeze'. Beginning with a section entitled 'What's in it for me', which outlines the benefits of research, the text provides ideas and advice on topics such as finding the research focus, writing the proposal, considering ethical requirements, compiling a budget and writing the executive summary.

### Key features

Written in an easy-to-read, conversational style for the novice researcher • Shows how to ask a focused question aimed at improving medical practice • Explains how to undertake a literature review and critically appraise the available literature • Demystifies the data analysis process, which results in the selection of the appropriate statistical test • Teaches the art of concise scientific writing to ensure the research is taken seriously • Provides guidelines on how to develop presentation skills when the opportunity arises to present the research findings

### Recommended for

MMed students in any of the medical or allied medical disciplines.

### The authors

*Dr Colleen Aldous* is the Research Coordinator in the Office of Deputy Dean: Postgraduate and Research at Nelson R Mandela School of Medicine, University of KwaZulu-Natal. *Professor P Rheeder* is based at the School of Health Systems and Public Health, Faculty of Health Sciences, University of Pretoria. *Ms Tonya Esterhuizen* is a Biostatistician and senior lecturer for the College of Health Sciences, University of KwaZulu-Natal.

# Author Index

## A

Ackermann, L 33  
Acutt, J 38  
Aldous, C 52  
Andrews, G 47

## B

Baumann, SE 41  
Baxen, J 24  
Bezuidenhout, M 19, 23  
Bhengu, B 42  
Blackwell Publishing, 14  
Booyesen, L 11  
Botha, MH 15  
Breidlid, A 24  
Brink, HI 22

## C

Carr, M 42  
Carter, C 42  
Chauke, M 28, 31  
Clarke, M 50  
Cockcroft, K 18  
Cook, C 16

## D

Dada, M 12  
de Beer, F 16  
de Kock, J 35  
de Villiers, L 17  
Dhai, A 13  
Dinat, N 29, 42  
Dippenaar, J 46  
Duncan, N 18  
du Plessis, D 27  
Durrheim, K 45

## E

Ehlers, V 49  
Erasmus, D 46  
Erasmus, I 11  
Esterhuizen, T 52

## F

Fryatt, R 47

## G

Geyer, N 12, 30, 36, 43

## H

Hamilton, R 29  
Harrison, V 36  
Hattingh, S 38  
Hlaise, KK 14

## J

Jacklin, L 14  
Jones, CM 35  
Jooste, K 23, 26, 33, 43  
Joyner, K 10

## K

Knapp van Bogaert, D 13  
Kruger, TF 15

## L

Louw, M 51

## M

Manaka-Mkwanazi, IM 31  
Matebesi, Z 33  
Matlakala, M 28, 31  
Matsoso, M 47  
Mbokazi, AJ 14  
McQuoid-Mason, D 12, 13  
Mehtar, S 50  
Meyer, S 37  
Middleton, L 32, 35  
Minnaar, A 24  
Mogotlane, S 28, 30, 31  
Mojapelo-Batka, M 48  
Mokoena, J 28, 31  
Mthembu, S 18  
Muller, M 23

## N

Nicholas, L 26  
Nicolson, G 32  
Nolte, A 44

## O

O'Neill, V 32  
Oosthuizen, A 21

## P

Page, J 51  
Painter, D 45  
Pakkiri, D 51  
Pretorius, D 14, 39  
Pretorius, E 33

## R

Randa, B 31  
Reinbrech-Schütte, A 39  
Rheeder, P 52  
Roux, CJ 22

## S

Schellack, G 39  
Sembulingam, K 21  
Sembulingam, P 21  
Sibiya, N 26  
Small, N 40  
Smith, W 19  
Stevenson, JC 11  
Stewart, P 47  
Swanepoel, H 16

## T

Terre Blanche, M 45  
The South African Red Cross  
Society, 13, 20  
Tjale, A 17

## U

Uys, L 35

## V

van der Wal, D 21  
van der Walt, C 22, 35  
van Deventer, V 48  
van Hirtum, J 27  
van Niekerk, S 37  
van Rensburg, G 22  
van Rooyen, M 39  
van Wyk, N 25  
van Zyl, M 11  
Vasuthevan, S 18  
Vlok, ME 34

## W

Wallis, L 19  
Watts, J 18

## Y

Young, A 11, 28, 30, 31

## Z

Zaaiman, J 47  
Zaborowski, A 16  
Ziady, LE 40

# Title Index

## A

- Aspects of Forensic Medicine – An Introduction for Healthcare Professionals, 10
- Auxiliary Nurse, The, 11
- Auxiliary Nurse's Guide, The, 11
- A–Z of Medical Law, 12
- A–Z of Nursing Law, 12

## B

- Basic First Aid, 13
- Bioethics, Human Rights and Health Law – Principles and Practice, 13
- Blackwell's Nursing Dictionary, 14

## C

- Child Abuse – Guidelines and Applications for Primary Healthcare Practitioners, 14
- Clinical Gynaecology, 15
- Clinical Ophthalmology Companion, 16
- Community Development – Breaking the cycle of poverty, 16
- Cultural Issues in Health and Health Care, 17

## D

- De Haan's Health of Southern Africa, 18
- Developmental Psychology, 18
- Dimensions of Healthcare Management, 19
- Disaster Medicine, 19

## E

- Essential First Aid – Manual for Southern Africa, 20
- Essentials of Medical Physiology, 21
- Ethics in Healthcare, 21

## F

- Fertility Management – Contraception in Practice, 22
- Fundamentals of Research Methodology for Healthcare Professionals, 22

## H

- Healthcare Service Management, 23
- HIV/AIDS in Sub-Saharan Africa – Understanding the Implications of Culture and Context, 24

## I

- Infection Control made Easy – A Hospital Guide for Health Professionals, 24
- Integrative Health, 25
- Introduction to Health Services Management – For the unit manager, 26
- Introduction to Psychology, 26
- Introduction to the Operating Theatre, An – For Nurses and Operating Theatre Practitioners, 27

## J

- Juta's Clinical Guide for Midwives, 27
- Juta's Complete Textbook of Medical-Surgical Nursing, 28
- Juta's Counselling Handbook for Healthcare Professionals, 29
- Juta's Manual of Nursing (Volume 1), 30
- Juta's Manual of Nursing (Volume 2) – The Practical Guide, 31
- Juta's Manual of Nursing (Volume 3) – Health Care Priorities, 31
- Juta's Nursing Psychology – Applying Psychological Concepts to Nursing Practice, 32
- Juta's Sociology for Healthcare Professionals, 33

## L

- Leadership in Health Services Management, 33

## M

- Manual of Nursing, 34
- Maternal and Newborn Care – A Complete Guide for Midwives and other Health Professionals, 35
- Mental Health Nursing – A South African Perspective, 35

## N

- New Approach to Professional Practice, A, 36
- Newborn Baby, The, 36
- Nurse Educator in Practice, 37

## O

- Occupational Health – Management and Practice for Health Practitioners, 38

## **P**

Patient-Centred Communication and Counselling – Principles and Practice, 39

Pharmacology in Clinical Practice – Application Made Easy for Nurses, Pharmacists and Allied Health Professionals, 39

Prevent and Control Infection – For Safer Healthcare Practice, 40

Primary Care Psychiatry – A Practical Guide for Southern Africa, 41

Professional Nurse Series: Acute Care – Clinical Assessment and Treatment of Acutely Ill Patients, 42

Professional Nurse Series: Palliative Care, 42

Professional Nurse Series: Record Keeping, 43

Professional Nurse Series: Supervision in Nursing Practice, 43

Professional Nurse Series: The Partograph and How to Assess Labour, 44

## **R**

Research in Practice – Applied Methods for the Social Sciences, 45

## **S**

Sellers' Midwifery, 46

Sociology – A South African introduction , 47

South African Health Reforms 2009–2014, The – Moving towards universal coverage, 47

Student's A–Z of Psychology, A, 48

## **T**

Teaching Aspects of Health Care, 49

## **U**

Understanding Infection Prevention and Control, 50

## **V**

Vlok's Community Health, 50

## **W**

Working with HIV/AIDS, 51

Writing your first clinical research protocol, 52

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