

## Accelerating **INDIVIDUAL** and **ORGANISATIONAL** performance – powerful techniques for trainers

### WORKSHOP LEADER

**Karen Velasco,**  
*Managing Director, PeopleSolve Ltd and Founder,  
Future Conferences*

Karen is a performance management consultant, trainer, facilitator and coach. She has worked in a variety of training, development and leadership roles for over twenty years, including nine years as managing director of PeopleSolve Ltd and 12 years as training, development and culture change manager with the Centrica group.

Karen is a certified trainer of neuro-linguistic programming; an experienced executive and life coach and facilitator; and is qualified to administer Myers Briggs, FIRO-B, SDI and 16PF psychometric instruments. Her recent projects include research into emotional intelligence, meaning at work, and the use of technology to enhance the learning experience.

Karen's approach to business combines a passion for life-long learning with a pragmatic desire to achieve measurable business benefits. Her client list includes major blue-chip companies, public sector organisations and charities, and she has experience of facilitating and managing learning and development activities across five continents.

Karen is the immediate past Chair of the British Institute for Learning and Development and a director of Creative Leaders and Young Pioneers. She is a trustee of the University of Chichester Students Union.

Karen is a Fellow of the Royal Society of Arts, the Chartered Institute of Personnel and Development, the British Institute for Learning and Development, and the Institute of IT Training. She is a Member of the Institute of Business Consulting and the Chartered Management Institute. Karen holds a BA (Hons) in Geography and an MBA (distinction) both from the University of Portsmouth.

Karen was recently honoured with an Award for Outstanding Contribution to the field of Human Resource Development at the 2011 Asia HRD Congress.

This practical workshop is a must for anyone working in learning and development who wishes to gain practical insights into the benefits of accelerated learning. Accelerated learning makes use of the full mind and body to enhance the learning experience and has been proven to significantly increase retention of information and job performance and to decrease the time needed to train someone.

This is a highly interactive and participative workshop that will give delegates plenty of opportunity to practise a range of accelerated learning techniques. This will be accompanied by formal input, group discussions and debate. Delegates will be encouraged to apply accelerated learning principles to future training and development events that they will be designing and/or delivering.

#### DURING THE WORKSHOP PARTICIPANTS WILL:

- Experience accelerated learning in practice.
- Discover amazing facts about the brain, including how to use and develop it.
- Understand and apply the main principles of accelerated learning within their own training events.
- Understand how memory works and use memory aids to increase information retention.
- Experience activities designed to maintain learners' interests and energy.
- Learn how to create a multi-sensory learning environment to engage participants and encourage maximum learning.

**DATE** Tuesday, 13<sup>th</sup> November 2012

**VENUE** Mazars House, Rialto Road, Grand Moorings  
Precinct, Century City, Cape Town, South Africa

**COSTS** **ONE-DAY MASTER CLASS**

*(including all materials, lunch and refreshments):* **R4 999** (Incl.VAT)

**EARLY-BIRD FEE**

*(book before 30th September 2012):*

**R4 500** (Incl.VAT)

For more information and to book a place, please visit [www.futureconferences.com](http://www.futureconferences.com)

The Master Class is being run in partnership with: